

SIR VITHALDAS THACKERSEY COLLEGE OF HOME SCIENCE
(EMPOWERED AUTONOMOUS STATUS)
S.N.D.T. Women's University, Juhu, Mumbai

2026 onwards

Semester	Program: Masters in Developmental Counselling and Mental Wellbeing	Course Type	Credits	
	Course Name			Total
Sem I	Counselling Children and Families (4+0)	Major Mandatory	04	22
	Practicum in Counselling Children and Families (0+2)		02	
	Counselling approaches & Therapies(4+0)		04	
	Innovative Product Development for Mental Wellbeing (0+4)		04	
	Life Skill Development (0+4)	Major Elective	04	
	Gerontology (4+0)		04	
	Entrepreneurs Ideation (0+4)		04	
	Advanced Research Methods and Statistics in Human Development(4+0)	Research Methodology	04	
Sem II	Mental Health and wellbeing (4+0)	Major Mandatory	04	22
	School Counselling (4+0)		04	
	Practicum in School Counselling (0+2)		02	
	Counselling for Psychosocial Concerns (2+0)		02	
	Skills in Counselling for Psychosocial Concerns (0+2)		02	
	Organizational Psychology (4+0)	Major Elective	04	
	Social Psychology(4+0)		04	
	Project Incubation (0+4)		04	
	Internship (0+4)	OJT	04	
III	Human Rights and Wellbeing (4+0)	Major Mandatory	04	22
	Emotional Intelligence (2+0)		02	
	Caregiving for Elderly (0+4)		04	
	Group Counselling (2+0)		02	
	Skills for Group Counselling (0+2)		02	
	Reviewing Trends in Developmental Counselling (0+4)		04	
	Cyber Psychology (2+0)	Major Elective	02	
	Criminal Psychology (2+0)		02	
	Food Literacy for Wellbeing (0+4)		04	
IV	Philosophical Foundations for Wellbeing (4+0)	Major Mandatory	04	22
	First Aid and Mental Health (4+0)		04	
	Advance Studies in Counselling (4+0)		04	
	Career Counselling (4+0)	Major Elective	04	
	Counselling for Violence and Substance Abuse(4+0)		04	
	Dissertation (0+6)	Research Project	06	
	Total Credits			88