

Sir Vitaldas Thackersey College of Home Science

(Empowered Autonomous Status)

S.N.D.T. Women's University, Juhu, Mumbai.

Program Educational Objectives (Institute) PEO
1. The graduate will be capable of demonstrating comprehensive knowledge, understanding and ability to use concepts, theoretical principles, experiences and skills acquired in the program and specializations offered by the institution
2. The student will have the ability to employ critical thinking, problem identification, analytical and scientific reasoning along with efficient problem-solving skills based on relevance and currency
3. The student will be able to exhibit human values, social and environmental responsibility towards i) Sustainability, ii) Ethical work practices, iii) Gender sensitivity and women empowerment v) Social justice and inclusiveness
4. The student will be capable of team building, demonstrate emotional stability, effectively engage in global, multicultural and diverse settings
5. The student will be capable of i) Self-paced and self-directed learning, ii) Effective use of Twenty First Century skills for personal and professional development
Program Specific Learning Outcomes
1. Identify and describe the fundamental concepts and skills required in Developmental Psychology across life span and Mental Wellbeing
2. Demonstrate skills for applying pedagogical knowledge in planning and implementing of developmentally appropriate programs for psychological intervention in community setups
3. Identify the factors and analyse the implications of gender, culture and contextual diversity on mental wellbeing of an individual
4. Apply a strength based approach towards helping individuals to deal with developmental issues and concerns through counselling and mental wellbeing programs in community setups
5. Engage with the community at large for participation in developmental programs and situational concerns
6. Identify and critically evaluate the theoretical and developmental foundations of approaches to counselling and mental wellbeing
7. Use relevant technology and other contemporary mediums of instruction for professional growth and development in the field of Developmental Counselling and mental wellbeing

8. Analyse the significance of education and intervention solutions in societal and environmental contexts and demonstrate the knowledge of and need for sustainable development
9. Demonstrate ethical values, scientific attitude and creative thought processes in designing viable programs for the community in the field of Developmental Counselling and mental wellbeing
10. Recognize the need and ability to engage in independent and lifelong learning processes in the broadest context of technological change to work collaboratively and productively in groups

Course Learning Outcomes	
Semester VII	
Course Name	Course Learning Outcomes On completion of the course the students will be able to:
Counselling Children and Families (4+0)	1. Demonstrating comprehensive knowledge and understanding of developmental problems and concerns of young children
	2. Discuss concerns and skills of counseling parents and children for developmental concerns
	3. Discuss the significance of therapeutic intervention in marriage, parent and family counseling.
	4. Analyze the components of healthy & unhealthy family functioning
Counselling Children and Families (0+2)	1. Demonstrate techniques for counseling children.
	2. Prepare effective aids for parent training in managing developmental and situational concerns of children.
	3. Discuss concerns related to children in various settings.
	4. Recommend effective intervention techniques to parents / teachers for their role enhancement.
Counselling approaches & Therapies(4+0)	1. State the significance of approaches to counselling.
	2. Discuss the theoretical frameworks of approaches to counselling.
	3. Explain the techniques used by the various approaches to counselling.
	4. Critically evaluate the various approaches to counselling.

Innovative Product Development for Mental Wellbeing (0+4)	1. Analyse key developmental and mental wellbeing concerns in diverse populations.
	2. Incorporate ethical, cultural, and safety considerations in product development
	3. Integrate principles from psychology, neuroscience, and behavioral science into product design.
	4. Apply design thinking and innovation frameworks to create products developmental psychology and mental wellbeing.
	5. Develop prototypes and test them with users (individuals, family).
Life Skill Development (0+4)	1. Discuss various aspects of the global life skills education programs
	2. Formulate age appropriate objectives and activities for developing life skills
	3. Demonstrate the use of technology and other contemporary mediums for preparing teaching aids for the life skills sessions
	4. Create a developmentally appropriate life skills education program.
Gerontology (4+0)	1. Discuss the biological, psychological and sociological aspects related to old age and aging.
	2. Appraise the needs and challenges faced by the generation of older adults.
	3. Demonstrate a strength-based approach towards helping individuals to achieve successful aging.
	4. State the support services for the aged in India.
Advanced Research Methods and	1. Describe the types of research and steps involved in conducting a research study
	2. Discuss and formulate ethically sound proposals for a research study.

Statistics in Human Development (4+0)	3. Analyse research studies and documents focusing on scientific rigor, especially the methodology.
	4. Discuss the basics of descriptive and inferential statistical methods of data analysis
	5. Apply the correct inferential statistical test based on the nature of the data and the analysis required.
	6. Document research study according to specific guidelines for publication.

Semester VIII	
Mental Health and wellbeing (4+0)	1. Explain the concepts of mental health and wellbeing
	2. Identify factors influencing mental health across life span
	3. Develop coping strategies for mental health issues
	4. Analysing mental health in relationship and spirituality
School Counselling (4+0)	1. Explain the concept, need and process of school counselling.
	2. Discuss the roles, ethical practices and legal procedures to be followed by a school counsellor.
	3. Recommend counselling interventions for common concerns faced by school going children and adolescents.
	4. Justify the significance of educational institutions in conducting psychoeducational/mental health programs for children and adolescents.
	5. Assess the role of school counsellor in handling career related concerns of adolescents.
School Counselling (0+2)	1. Report the infrastructure and requirements of a school counselling centre.
	2. Demonstrate the skills and ethics of a school counsellor.

	3. Practice counselling interventions for common concerns faced by school going children and adolescents.
	4. Design career counselling sessions/programs for schools.
	5. Conduct preventive/psychoeducational programs in school settings.
Organizational Psychology 4+0	1. Discuss the meaning, scope and historical development of organizational psychology.
	2. Illustrate the role and ethical principles of organizational psychologists as practiced in contemporary work settings.
	3. Appraise the influence of employee and workplace related factors on individual and organizational outcomes.
	4. Examine sources and consequences of mental health concerns at the workplace.
	5. Recommend evidence-based interventions for enhancing well-being at the workplace.
Cyber Psychology (2+0)	1. Discuss the meaning, need and theoretical frameworks of cyber psychology.
	2. Explain/illustrate the process/mechanisms of online identity construction and its impact on wellbeing.
	3. Outline the common cybercrimes in India and its legal implications
	4. Critique usage of technology across lifespan and its emerging concerns.
	5. Recommend counseling interventions for enhancing digital wellbeing across lifespan.
Criminal Psychology (2+0)	1. Discuss the meaning and scope of criminal psychology.
	2. Explain the origins of criminology and psychopathology.
	3. Illustrate the methods of investigative psychology.
	4. Outline the common crimes in India and its legal implications.
	5. Recommend counselling interventions for rehabilitation of prison inmates across lifespan.

