

**SIR VITHALDAS THACKERSEY COLLEGE OF HOME SCIENCE**

**(EMPOWERED AUTONOMOUS STATUS)**

**S.N.D.T. Women's University, Juhu, Mumbai**

2026 onwards

Semester	Program: <b>Masters in Developmental Counselling and Mental Wellbeing</b>	Course Type	Credits	
				Total
VII	Counselling Children and Families (4+2)	Major Mandatory	06	22
	Counselling approaches & Therapies(4+0)		04	
	Innovative Product Development for Mental Wellbeing (0+4)	RP	04	
	Life Skill Development (0+4)/ Gerontology (4+0) /	Major Elective	04	
	Advanced Research Methods and Statistics in Human Development(4+0)	Research methods	04	
VIII	Mental Health and wellbeing (4+0)	Major Mandatory	04	22
	School Counselling (4+2)		06	
	Industrial Training ( Internship) and Field Project (0+8)	RP	08	
	Organizational Psychology 4+0 / Cyber Psychology (2+0), Criminal Psychology (2+0)	Major Elective	04	
IX	Human Rights and Wellbeing (4+2)	Major Mandatory	06	22
	Caregiving for Elderly (0+4)		04	
	Advance Studies in Counselling (4+0)		04	
	Social Psychology (4+0) /Food Literacy for Wellbeing (2+2)	Major Elective	04	
	Reviewing Trends in Human Development (0+4)	RP	04	
X	Philosophical Foundations for wellbeing (4+0)	Major Mandatory	04	22
	First Aid and Mental Health (4+0)		04	
	Advanced Research Methods in Counselling (4+0)		04	

	Career Counselling (4+0) /Counselling for Violence and Substance Abuse(4+0)	Major Elective	04	
	Dissertation (0+6)	RP	06	