

Department
of
Food, Nutrition &
Dietetics



Our heartfelt gratitude and respects to our founder,

Lady Premlila

Thackersey

on her birth anniversary

9th January, 1894



S V T Celebrates
Silver Jubilee
of Autonomous Status
(1995 - 2021)



Received extension of Autonomous
Status 2022-2032

Conferred with 'Empowered
Autonomous Status' w.e.f June, 2023



First Graduation Ceremony of “Empowered Autonomous College” SNDTWU, Mumbai – 23rd March 2023



**Graduating Students
Batch 2021-2023
[M.Design (Fashion Design)]**

**Graduating Students- Batch 2021-2023
[M.Sc.Specialized Dietetics]**



National Education Policy 2020

Initiation of NEP 2020 for all undergraduate and postgraduate programs from June 2023

1. Multidisciplinary and Holistic Education

2. Digital Empowerment and Online Education

3. Skill Development and Employability

4. Research, Innovation and Entrepreneurship

5. Capacity Building of Teachers for Quality Education

6. Governance and Autonomy

7. Accreditation and Excellence

8. Equitable and Inclusive Education

9. Promotion of Indian Languages and Indian Knowledge Systems

10. Internationalization of Education

National Education Policy 2020



Multiple Entry and Exit options!

Graduate Programs

- 1) Developmental Counselling
- 2) Early Childhood Care and Education
- 3) Food, Nutrition and Dietetics
- 4) Hospitality and Tourism Management
- 5) Interior Design and Resource Management
- 6) Media Communication and Development
- 7) Textiles and Fashion Designing

Postgraduate Programs

- 1) M.Sc. Specialized Dietetics
- 2) M. Design (Fashion Design)
- 3) M. Design (Fashion Design) Executive Program
- 4) M.Sc. Exercise Science and Sports Nutrition
- 5) M. Sc. Entrepreneurship Management and Business development

	Levels	Semesters	Duration	Total Credits
1	Certificate	I & II	1year	44
2	Diploma	III & IV	2 years	88
3	Regular Degree	V & VI	3 years	132
4	Degree with Honors	VII & VIII	4 years	176
5	Masters	IX & X	5 years	230

SVT Online Programs Certification and Fellowship

Online Certificate Course in Basic Bariatric Nutrition- DOS and Docmode

Certification in Advanced Bariatric Nutrition- DOS and Docmode

Certificate Programs In Integration of Nutrition and Ayurveda for Health and Diseases- One Health

FOSTAC- Food Safety Training and Certification- ITCFSAN

Upcoming Online Programs

IMPACT Certification (Medical and Nutritional Management of PCOS) in collaboration with PCOS Society India

Advanced Certification and Fellowship in Precision Nutrition

Advanced Fellowship in Specialized Bariatric Nutrition

SVT Best Practices

Student Physical and Mental Health Card Initiative

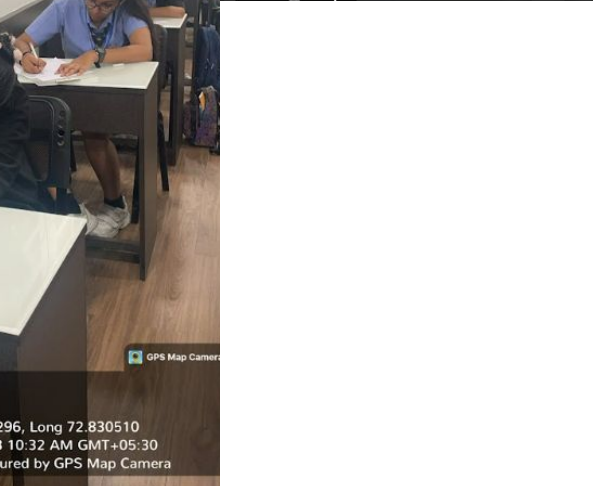
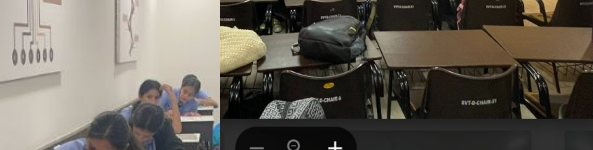


**Project of Rs. 2 lakh -
Health Assessment and Wellness of Students
(Dr. Hemani Malhotra & Dr. Prachi Patel)**

Adoption of Adolescent Girls from Tribal Community in Maharashtra



Endeavour Towards Sustainability



Sir Vithaldas Thakersey College of Home Science
(Empowered Autonomous)
Internal Quality Assurance Cell
in Collaboration with
Raah Foundation

Invites you to our annual event of Seminar and Competitions

**THERE IS NO PLANET B:
SUSTAIN THE SOIL, RESILIENCE AND RENEWAL,
EMPOWERING YOUTH FOR A SUSTAINABLE FUTURE**

DEC 23
6

Venue: SVT College of Home Science (Autonomous)
Mini Auditorium
SNDT Women's University, Juhu,
Mumbai-49, Maharashtra, India

Time:
Competition - 10:00 am to 11:30 am
Seminar - 12:00 noon to 1:30 pm

THEMES:

Poster / Jingle / Slogan Making Competition Themes:

1. "Nature's Resilience"
2. "Renewing Our Cities"
3. "Cultivating Resilient Agriculture"
4. "Youth Empowerment for Resilience"

Essay Competition Themes:

1. "The Role of Technology in Building Resilience"
2. "Renewable Energy and Sustainable Future"
3. "Community Resilience in Times of Crisis"

ABOUT THE COMPETITIONS:

The competition is open for 2 levels of Students:
i. Standard VII, VIII, IX & X
ii. Standard XI & XII

Individual Entries are invited for the following competitions:

1. Poster Making
2. Jingle Making
3. Essay Writing
4. Slogan Making / Recitation

All competitions open in three languages (Hindi, Marathi and English)
Certificates will be provided to all the winners and participants.

Registration
Deadline - 1/12/2025
Please give the participating students' name to the respective representatives of the college (in contact with the schools)

Disclaimer - Minimum number of participants in each category should be 10 for the competition to be held.

For any queries please contact
Arpita: +91 9850565067 Aditi: +91 9321851846

There is no Planet B

Swachhata Pakhwada

College Representation at State Level

SWACHHTA PLEDGE



Celebrating 'Meri Maati Mera Desh', taking a pledge for a hygienic environment and doing **Swachhata Pakhwada** in college campus and **Santacruz Station** along with **cloth bag** distribution.



Dr Sulakshana Mane and Dr Anju Tulshyan represented SNDT Women's University at **Raj Bhavan** for the **celebration of State Founder's Day**

SVT Research and Development Center

International Contractual Research Projects: 2

Almond Board of California Contractual Research Grant

Effects of Almond Consumption on Quality of Sleep in Adults: A Randomized Controlled Trial

Almond Board of California Contractual Research Grant

Effect of Almond Supplementation on Mild to Moderate Acne Vulgaris in community living population in India.

Principal Investigator- Dr Shobha Udipi

Co Principal Investigator - Dr Jagmeet Madan



Collaborators- Kasturba Health Society Medical Research Center, Mumbai

SVT Research and Development Center

SVT PhD Center, SNTD Women's University- w.e.f June 2023

Faculty recognised as PhD guides- 4

- Dr Jagmeet Madan
- Dr Rekha Battalwar
- Dr Rohit Pawar
- Dr Sachin Vaidya

Students currently enrolled at SVT PhD center- 3

- FND- Ms Girija Damle
- MCD- Ms Ankita Mahaskar

Faculty having applied for PhD guideship- 6

- Dr Sulakshana Mane
- Dr Hemani Malhotra
- Dr Armaiti Shukla
- Dr Dr Bhamini Mehta
- Dr Prakash Navgire
- Dr Rajashree Shinde

International Diabetes Federation Western Pacific Region Congress 2023, Kyoto, Japan

10th Yakult Shirota Conference Reception, Japan



SVT Research and Development Center

Faculty Travel grant



Panchali Moitra received travel fellowship to present research at the Annual Congress of Agriculture Nutrition and Health Academy at Malawi, Africa (26-30 June 2023)



Panchali Moitra received conference grant to present research at the International Conference of Nutrition Society of UK at London (5-6 Dec 2023)

PhD Scholar Achievements



Girija Damle (PhD Scholar)
Received Young (Junior)
Scientist Award at Nutrition
Society of India AICON 2023

Faculty Paper Publications, Paper Presentations and FDP Trainings

PAPERS PRESENTED (21)	PAPERS PUBLISHED IN JOURNALS (51)	FDP/ TRAINING PROGRAMS ATTENDED (06)	INVITED AS RESOURCE PERSONS (6)
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National Conference 'Mission Millet - 2023'

250 Attendees

7 Papers

20 Essay writing participants

5 Departmental experiential centers!

Millet song written by Mrs Manjiri Bhalerao and presented by 4 PG students

19 Eminent Experts

19 Poster Presentations

57 Recipe making competition participants



Sir Vithaldas Thackersey College of
Home Science (Autonomous)
SNDT Women's University, Juhu, Mumbai.



Mission Millet:



MAINSTREAMING MILLETS FOR A SMART,
SUSTAINABLE TOMORROW

DATE : February 24 & 25 , 2023.

VENUE : Sir Vithaldas Thackersey
College of Home Science (Autonomous),
SNDT Women's University, Mumbai

IN COLLABORATION WITH

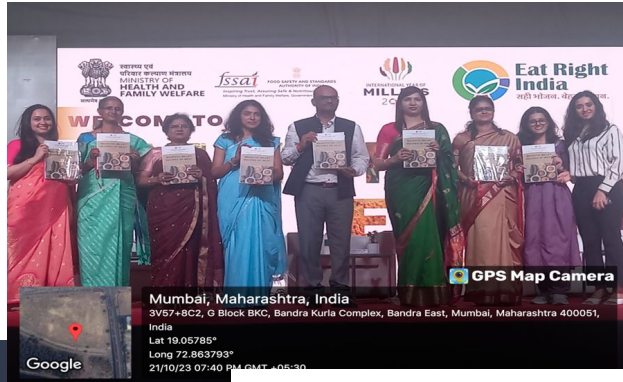




Millet Man of India- Dr Khader Vali



Mr Pawan Agarwal- CEO Food Future Foundation



Launch of recipe booklet- Majestic Millets Recipes of the West with support from FSSAI



Millet based recipe entries for competition

SVT College and SNDT Women's University Campus Recognised as Eat Right Campuses



Eat Right CAMPUS



**SNDT WOMEN'S UNIVERSITY ,
JUHU CAMPUS , Mumbai
(Suburban)**

is certified as



as per guidelines established by
Food Safety and Standards Authority of India

for the period of Sep 11, 2023 to Sep 10, 2025

Implementation Partner Auditing Partner Training Partner

FSSAI REGIONAL OFFICE -
MUMBAI

ASTRALEUS SERVICES
PVT.LTD.

SAFEFOODZ SOLUTIONS



**SIR VITHALDAS THACKERSEY
COLLEGE OF HOME SCIENCE
(AUTONOMOUS), Mumbai**

is certified as



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Implementation Partner Auditing Partner Training Partner

FSSAI REGIONAL OFFICE -
MUMBAI

ASTRALEUS SERVICES PVT.
LTD.

SafeFoodz Solutions



**Launch of SVT Eat Right Initiatives at
SNDT Juhu Campus**

SVT Best College Award 2023 for Safe and Nutritious Food at School

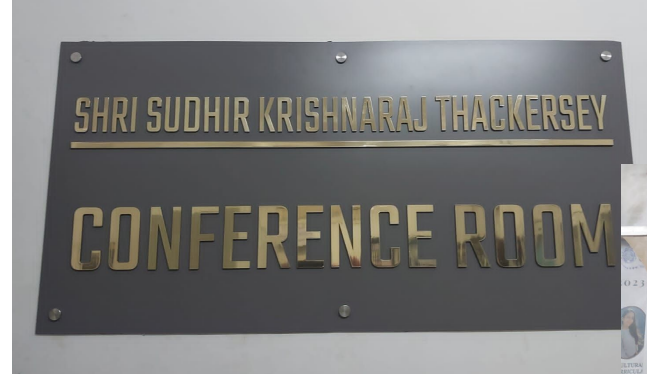
Supported by FSSAI, Government of India and Pepsico



Students of MSD
Lead mentor- Dr Nisha Bellare
Mentor- Dr Jagmeet Madan

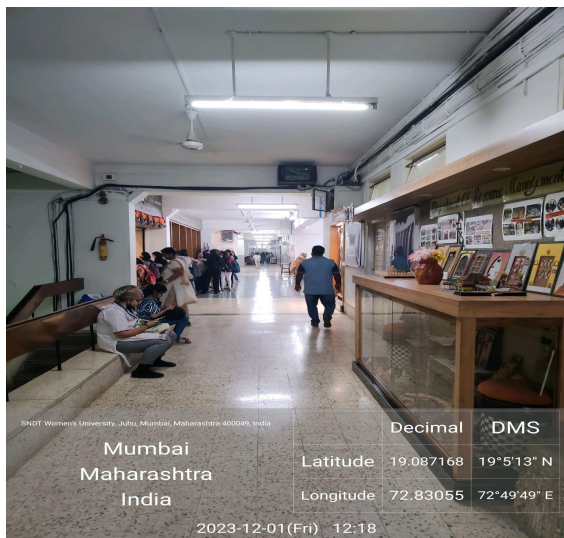


Infrastructure Renovation Support (45 Lakhs)from Vithaldas Thackersey Trust



CSR Funding 25 lakhs - Capricorn Reality Pvt limited

Project of Rs. 5 lakh -
LED Lights in the College
(Dr. Hemani Malhotra)



Energy
Conservation
and Eco-energy
Hub

Financial
funding for
deserving and
financially weak
students

CSR
Funding

Counselling
services for
dietary and
mental health
concerns

Strengthening
SVT Incubation
Center
"UNNATI"

A Year of Fruitful Collaborations.....

Total MoUs signed: 7



MOU signed with Anubhuti Psychological Services, February 13, 2023



Signed a MoU on 18th November 2023 with BSS Foundation



MoU signed with Climatora



MOU with Nutrihub IIMR Hyderabad



Rizvi college Hospitality Study MoU

MoUs



MoU with Zydus Wellness



MoU with Food Future Foundation. Facilitated interdisciplinary collaboration for food literacy between FND, MCD, HD and RM departments.

Follow up events:



Coalition for Food systems Transforma(c)tion in India (CoFTI)

National workshop on Food System Transformation



Collaboration with Dr Reddy's Laboratories

SVT Alumni Association

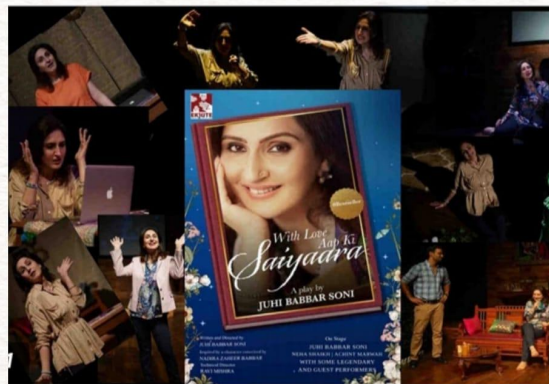


Annual meet for the Alumni on the 23rd of
March 2023

SIR VITHALDAS THACKERSEY COLLEGE OF HOME
SCIENCE ALUMNI ASSOCIATION

PRESENTS "WITH LOVE, AAP KI SAIYAARA"

THE PLAY IS INSPIRED BY A CHARACTER CONCEIVED BY NADIRA
ZAHEER BABBAR. THE CHARACTER OF SAIYAARA DARES TO
DREAM! SHE TAKES ON 'MEN, MARKETING & MORE'. THE PLAY IS
WRITTEN & DIRECTED BY JUHI BABBAR SONI.



Juhi Babbar Soni is an actor and theatre coach. She is the daughter of veteran actor and Member of Indian Parliament, Raj Babbar and theatre stalwart Nadira Zaheer Babbar, founders of Ekjute, one of the most influential and iconic theatre groups of India. She is a

Play- Aap ki Saraiya by Juhi Babbar
and her team

Student Achievements Academics and Research

Avishkar 2023- Interuniversity Research Competition



*Ms. Aneesha Nair Selected
for final Podium
Presentation*



*Students at Savitribhai
Phule University,
Pune*



*Ms. Falguni Chavan
presenting poster in Inter
University Round*

Student Achievements

Academics and Research

TY and M Sc students participated in Aavishkar held on Jan 13 and 14 2023

TY students participated in **Urjita Research Competition** held on Feb 4th 2023

Winners of Urjita competition

Group 8 - 1st prize

Mitali Raval
Khushi Jariwala
Gargi Kudale
Khushi Gupta

Group 2 - 3rd prize

Ummehani Hathiyari
Bushra Qureshi
Khushi Jaiswal
Sharvari Mhatre



Dr. K. U. Naram Award Winners TY-FND Students

Ms. Sidra Nagori
Ms. Kalpita Belekar
Ms. Jaiba Palsani

Student Achievements

Co- Curricular Activities

Kriti Shetty
TY FND

State level at Mahatma Phule Krishi
Vidyapeeth, Rahuri

International level

Kriti Shetty represented team India
performing dance Divli at
professional University, Chandigarh

**Dance and theater events for
the West Zonal Inter-
University Youth Festival
Competition**

Kriti Shetty: Gold in Skit West zonal level
at Ganpat University, Gujarat

Kriti Shetty(FND): Gold in Skit, Silver in
Dance

Manu Singh: Gold in Mime, Won the first
prize for Procession

Won the overall theatre trophy, Won the
overall silver championship

National level at Jain University, Bangalore

Kriti Shetty: Gold in Dance, Gold in skit

Manu Singh: Silver in mime



Miss Freshers and Miss SVT 2023



Ms Freshers- Rijul Thakur
Ms Freshers runner-up- Ms Vanshi Salot



Ms SVT- Ms Ayesha Shahid



Student Achievements

Co-Curricular Activities

Ms. Jenicia D'souza won 3rd prize at **JAM competition** on theme "Prediabetic Awareness" held at Life Science Institute.



Ms. Dhvani Malkan won 1st prize in **taleteller (story telling competition)** held at COEP Government Engineering College of Pune, Maharashtra



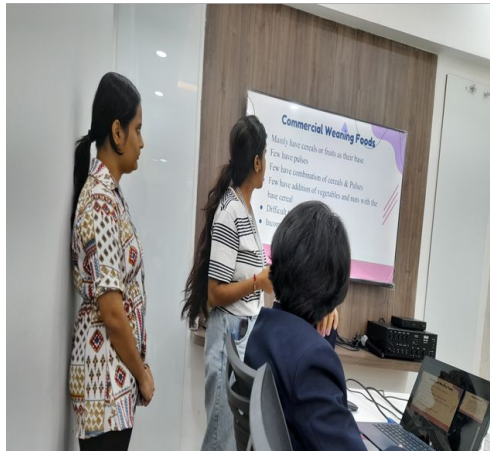
Ms. Saliha Chaudhary was the winner of the **Logo Designing Competition** at the International Conference on Rice Bran Oil (ICBRO) 2023.



Student Achievements

Co-Curricular Activities

Winners -National Ideathon, SNDTWU WISE
Centre



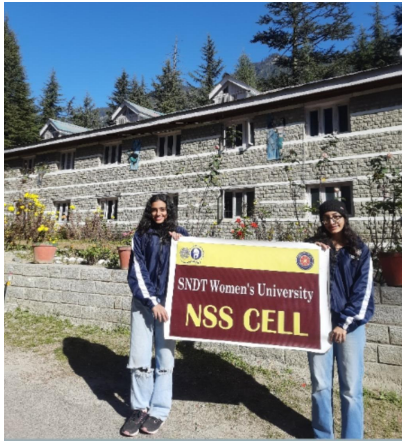
1. Ms. Kalpita Belekar
 2. Ms. Sneha Singh
(SFP department)
- Venture name: Boon to Spoon

Sports activities in collaboration with RUSH
India. **December 2023**



Student Achievements

National Adventure Camp and National Integration Camp



The National Adventure Camp 2023 held in **Manali** from 27th November to 7th December focused on providing an enriching experience blending adventure, learning, and cultural exploration.



National Integration Camp at Gujarat from 9th to 17th February 2023. This camp involved learning, enhancing experience and culture.



Departmental Events

Experiential Learning

Nutrition Month Celebration in collaboration with Zydus Wellness Institute and HADSA



Educational Tour-9th IFCoN (International Food Convention) at CFTRI, Mysuru 7th Dec to 10th Dec.23.

Visit to Pawsitive Future for Therapeutic Recreation on August 12, 2023



Mumbai, MH, India
Dr VJ Ratha Path, Dadar West, Mumbai, 400028,
MH, India
Lat 19.024112, Long 72.835827
08/12/2023 12:22 GMT+05:30
Note : Captured by GPS Map Camera

Celebration of Days of National Importance

Student Sensitization and Engagement

World Alzheimer's Day
Celebration-Fading Memories by
Vidya Shenoy on October 3, 2023



World Music Day
21st June 2023

World
Photography Day



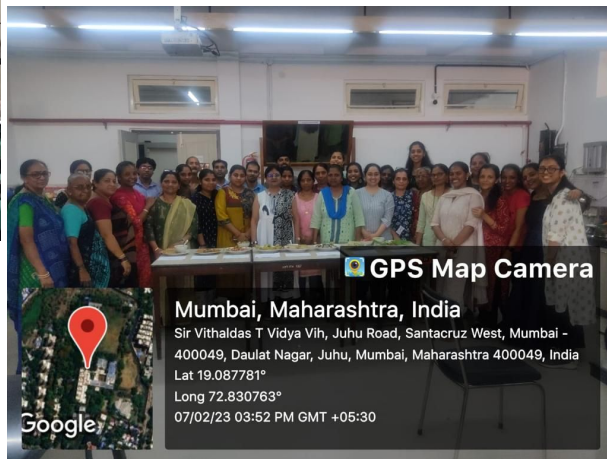
Breastfeeding Week Celebration
with Nourish 1000 days



Activities for Non-teaching Staff



Weekly cooking of healthy snacks organised by FYMSD & ESSN students and Green Initiatives Team for non teaching staff from July 2023 to September 2023



Microgreen cooking competition for non-teaching staff



Photography session non-teaching staff

Our checklist of achievements for 2023....

- ✓ Implementation of **National Higher Education Qualification Framework (NHEQF)** - National Education Policy from academic year 2023-2024.
- ✓ Initiation of **Online Certification, Fellowship Programs**.
- ✓ Initiated Student Centric, Outcome based, Innovative Technology Enabled **Blended Learning** .
- ✓ Strengthened the EIP-IIC Cell and Research and Development Cell through Networking and Collaboration.
- ✓ **Student Exchange and Faculty Exchange**
- ✓ **Physical and Mental Health Card** initiative started for all FYBSc students
- ✓ Strengthening Health, Fitness, Well being and Soft Skills and Professional Enhancement in SVT Non teaching Staff.
- ✓ **Adoption of Tribal Community** in Konkan Maharashtra for 5 years 2022-2027 with a focus on Adolescent Girls.
- ✓ SNTD Women's University and SVT College of Home Science recognised as **an Eat Right Campus**.

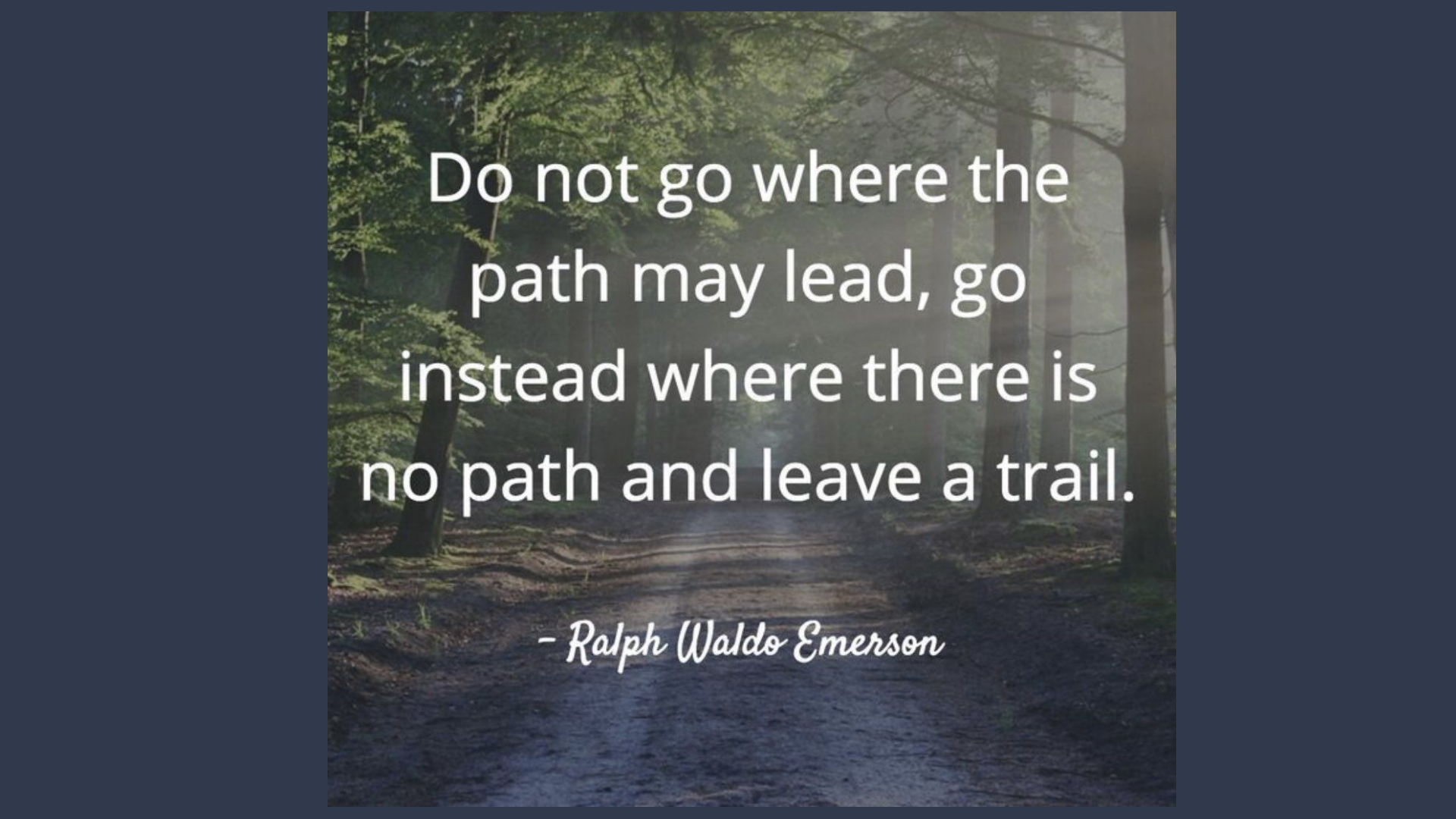
The test ahead, way forward 2024.....



Way Forward 2024

- **Strategic and Aggressive** implementation of all components of NEP 2020
- Developing a **Virtual Education Ecosystem** with focus on **student centric outcome based innovative technology enabled blended learning** with **certification and fellowship modules** across specialisations including **Indian Knowledge System and Value added Courses**.
- Strengthening **SVT Research Consultancy and Collaboration Centre**
- Strengthening **SVT EIP Centre -UNNATI with Students Incubation and Patents**.
- Initiate a **Masters program on Sustainable Innovation and Food processing and Product Development**.
- **Student exchange and faculty exchange program** with reputed National and international universities
- Strengthening **Academic Industry Interface through Paid Internship Programs and SVT Alumni Association**.
- **Skill Development of non teaching staff and Health Check ups with Counselling**
- **Community Adoption - TRIBAL and URBAN on a sustained basis for 5 years with Impact Analysis**.
- **STUDENT HEALTH CARD - Intervention based approach** on physical and mental health card for FY BSc students
- **Student Engagement and Sensitization - Student led projects**



A photograph of a dirt path winding through a dense forest. The trees are tall and thin, with green foliage. The ground is covered in fallen leaves and moss. The lighting is soft and diffused, suggesting a misty or overcast day. The path leads into the distance, disappearing into the trees.

Do not go where the
path may lead, go
instead where there is
no path and leave a trail.

- Ralph Waldo Emerson