



**Sir Vithaldas Thackersey College of Home Science (Autonomous)  
S.N.D.T Women's University, Mumbai**

# Masters in Science Exercise Science & Sports Nutrition

2 years Full Time Program (Four Semesters)

## Eligibility

- BSc in Home Science
- BSc Food, Nutrition & Dietetics
- BSc Applied Nutrition
- BSc Clinical Nutrition and Dietetics
- BSc Sports Nutrition

## Procedure for Admission

Entrance Test & Interview

DATE EXTENDED FOR  
APPLICATIONS: 10th JUNE, 2023

- Provision of knowledge and practical skill sets with a scientific base.
- Planning and implementation of sports specific nutrition.
- Strengthening team approach and soft skills.
- Developing research and presentation skills.
- Promoting and supporting entrepreneurship skills.
- Skill and Knowledge development of:
- Providing support to athletes (During training, international and national events)
- Critical analysis of situations.
- Problem-solving within a team.

## Program Objectives





- **Masters' degree from the first Autonomous College of SNTD Women's University**
- **Modular curriculum with lateral entry and exit facility**
- **Certified national and international experts from exercise and fitness management field and sports nutritionist.**
- **Internship opportunities at national and international sports associations, fitness centers**
- **In depth research projects**

## Program Highlights



## Career Opportunities



1. **Sports nutritionists in fitness academies**
2. **Exercise physiologist/ exercise scientist**
3. **Weight management specialist**
4. **Sports administrators**
5. **Academics- Faculty/ Sports Welfare Officer/ Sports Counselor in Schools**
6. **Research scientists for health and performance in sports**
7. **Corporate health, fitness and nutrition experts**

**For further details/queries please contact us at:**



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