



**M.SC. SPECIALIZED DIETETICS  
POST GRADUATE PROGRAMS AND RESEARCH**

# GOLD MEDALISTS

## GOLD MEDALIST



**2019- MS. VAIBHAVI GALA**



**2020-MS. NIKI SHAH**



**2021- MS. Sakshi Rajole**

## **Best Innovation Award**

**Ms. Rashmi Bhatt and Ms. Henal Doshi**



## **BEST DISSERTATION AWARD**

**Ms. Kirti Munot & Ms. Shema Nawab**



## **Best Dissertation Award**

2018 Batch - Ms. Remya Nair  
2019 Batch- Ms. Sakshi Rajole

## **Best Innovation Award**

2018- Ms. Srishti Saha  
2019- Ms. Girija Damle

# Meritorious students Batch 2020-2022



**Gold Medalist- Ms. Sakshi Pal**



**Best Dissertation Award- Ms. Ayushi  
Jhaveri, Ms. Riya Gaglani  
Best Innovation Award- Ms. Simran Seth**

is very Happy and Proud to share that in the  
**National Ideathon Competition** conducted by **SNDTWU WISE**  
our students who presented their Ideas have secured  
First position and Third position in the finals

1st Prize - Team Humsafar



Ms. Sakshi Pal, Ms. Simran Seth, Ms. Tanishka Malvankar, Ms. Diti Shah

3rd Prize - Food Doctor



Ms. Muskan Barmare

**Congratulations to the winners!**



# SVT Annual Graduation



## PRIZE WINNERS



- Ms. Girija Damle-1st prize:Global Cardiometabolic Conclave- recipe competition (Hyperlipidemia category); 1st prize: Monsoon food safety recipe competition- NSI; 2nd Prize: "FOOD RENOVATION" Recipe-PFNDAI
- Ms. Harshada Kalvankar & Ms. Shruti Chavan- Narmada Kidney Foundation
- Ms. Niki Shah- Jingles- AFSTI
- Ms. Sakshi Rajole- 3<sup>RD</sup> Prize-Kelloggs Nutri fest competition
- Ms. Riya, Ms. Mrinali - KU Naram Award; Traditional Food Mela
- Ms. Srishti saha - First Prize – E- Poster Competition on World Diabetes Day, organized by Nutrition & Diabetes, IAPEN. Won first prize for an Innovative Diabetes Friendly Desserts

Students Priyal Gala, Riya Dedhia, Girija Damle have authored a chapter on “ Glycemic Index of commonly consumed Indian Foods” in the book “ Clinical Nutrition in Cancer”





# Activities- Nutrition Boot Camp - Conf. on Enteral and Parenteral Nutrition



# Avishkar – SNTDT winners



# Health Awareness camp for Non teaching staff



# Special Olympics Bharat



# Community outreach Diabetes and Obesity Counselling camp- World Obesity Day with Centre for Obesity and Diabetes Support



# SNF Activity (SVT, FSSAI & PEPSICO)- Best Students, Staff, Department & College Award



# Mission Millets Conference Activities

## Essay writing, Street play, Recipe Research poster and paper presentations



# Mission Millets Competitions - Prize winners





# Nutrition Month Celebrations- Probiotic Recipe competition with NETPROFAN

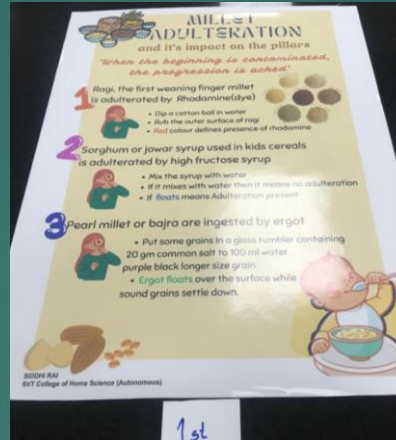


# Student Prize Winners

Ms. Salwa Shaikh and Ms. Vrutee Faria- 1st Prize- Inter collegiate Quiz



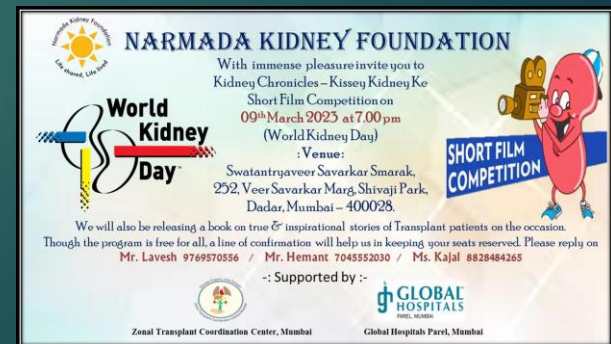
Ms. Siddhi Rai-1st Prize – Poster on Food Adulteration



Ms. Zulfa Kazi- Finalist in Glenmark Millets Recipe competition



Ms. Harshita Anavkar- 1<sup>ST</sup> Prize- Recipe for Hypertension



Ms. Deanne and Ms. Nikita won Consolation Prize for Short Film

# Workshops Attended

Hands on training on Fruits and Vegetable Processing and Product Development, Bhaskaracharya College of Applied Sciences, New Delhi



IDEC Workshop, Pune



World Kidney Day – Workshop on Renal Diseases



Yoga Training, The Yoga Institute, Mumbai



# Advanced Certificate Course on New Food Product Development- ITCFSAN



# Webinars Organized

**Sir Vithaldas Thackersey College of Home Science (Autonomous) & Health Foods and Dietary Supplements Association organizes**

**NUTRITION AWARENESS ACTIVITY on Wednesday 21st September, 2022**

**Events:**

- Seminar - Holistic Health of Mother and Child
- Intercollegiate Recipe Making Competition
- Intercollegiate Slogan Writing Competition

**IMPORTANT DATES FOR REGISTRATION**

Last date for seminar registration : 18th Sept, 2022

Last date for registrations for competitions : 15th Sept, 2022

**Celebrating Nutrition Month (September) 2022**

In collaboration with Sir Vithaldas Thackersey College of Home Science (Autonomous), SNDT Women's University, Mumbai

**Poster Making Competition**

**Theme:** Impact of Nutrition in Lifestyle Disorders (Eg. PCOS, Diabetes, Hypertension, Metabolic Syndrome)

**Date of Activity Conducted:** 23rd Sept. 2022 | Time : 2pm - 4pm

#poshanmaah #poshanabhiyan

Contact : Ms. Nisha Bellare 9619198219

Prizes will be announced on 26th Sept. 2022

**SIR VITHALDAS THACKERSEY COLLEGE OF HOME SCIENCE (Autonomous), SNDT WOMEN'S UNIVERSITY, MUMBAI**

In collaboration with **NUTRITION SOCIETY OF INDIA, MUMBAI CHAPTER**

**Celebrates Nutrition Month with a Webinar on GUT TO WOMB: RECENT UPDATES IN GUT HEALTH FOR MATERNAL & CHILD HEALTH**

and **'HEALTH COMMUNICATION FOR BEHAVIOURAL CHANGE**

On September 22, 2022 (Thursday)  
Time: 10.30 am to 12.30 pm

**Guest Speaker:** Dr. Subba Rao M Gavaravarapu, Scientist F & Head NICHE, ICMR, India

**Guest Speaker:** Ms. Vibha Hasija, HOD, Foods, Nutrition and Dietetics, College of Home Science, Nirmaala Niketan

Online platform: Zoom  
Zoom Link: <https://us02zoom.com/join/81052875189?pwd=hdj1h13VQ0QvFjRkVWFYFyYVZkZjZkd0Rk>  
Registration link for the form - <https://forms.gle/15K7znk2f6gn84Z>

**MSc. SPECIALIZED DIETETICS (RENAL NUTRITION)**

**ORGANIZES WEBINAR ON**

**TOPIC: RENAL DISEASES AND NUTRITIONAL MANAGEMENT IN PEDIATRICS**

TOPICS PRESENTED BY RENAL STUDENTS:

1. Nephrotic Syndrome
2. Chronic Kidney Disease
3. Congenital Kidney Disease
4. Dialysis

**DISCUSSION WITH EXPERT: Mrs. ZAMURRUD PATEL CHIEF DIETITIAN : GLOBAL HOSPITAL**

LINK TO JOIN: <https://meet.google.com/nmu-awiz-tbw>

DATE: 26th SEPTEMBER 2022 (MONDAY)  
TIME: 12:30pm - 1:30pm

**Seminar on RECENT TRENDS & CONTROVERSIES IN SPORTS NUTRITION**

Tuesday 27 September 2022

Mini Auditorium, S.N.D.T Women's University, Juhu Campus, Mumbai.

1:30 PM - 4:30 PM

**Highlights**

- Interplay of Gut Microbiome and Exercises
- Student Presentations
- Video Making Competition
- Expert Talk: Female Athlete Nutrition
- Panel Discussion

Click or Scan to Register Now

**CONCLAVE ON "Moving From SILOS to Integrated Nutrition"**

Date: Tuesday, 29th November, 2022  
TIME: 10:00 am - 1:00pm

Click Here To Register Now

**Guests:**

- Chief Guest: Dr. Taruna Prasad, Director of India Institute of Sports
- Guest of Honor: Dr. Kalpana Joshi, Professor and Head, Hospital College, Sardar Vallabhbhai Patel University
- Distinguished Guest Speaker: Dr. Shobha Udga, Asst. Director, Integrated Nutrition, National Institute of Nutrition, Indian Council of Medical Research, Hyderabad

**Panelists:**

- Dr. Ajayesh Prasad, Professor, IIT College of Health Sciences, IIT Bombay
- Dr. Shikha Hester Sharma, Associate Professor, Indian Institute of Health, Bangalore
- Dr. Ashwin Kumar Rao, Director, Clinical Research and Health Research Centre, Indian Institute of Health Sciences
- Geeta Dandekar, Senior Executive, Research & Development, IIT College of Health Sciences

**NutrCal by NSR**

**India's Most Efficient Nutrient Analysis Tool**

An online Google Sheet based educational tool for convenient, precise & quick nutrient analysis.

**COLLABORATION**

CLICK TO REGISTER

LIVE WEBINAR

ON TUESDAY, 14 MARCH 2023

START AT 11:00 AM

MODE: GOOGLE MEET

Step-By-Step Demo, with Live Q/A Session.

NSR-NutriCal will be provided at a subsidized price to all participants.

**Organized by SVT Research & Development Centre and the Dept. of Self Financed Programs.**

# Masters SVT Student Council



Student Council- 2021-2022

## STUDENT COUNCIL 2022-2023

 <b>PRESIDENT</b> VINI CHAWALA		 <b>VICE PRESIDENT</b> VAISHNAVI DAMOHE	
 <b>CULTURAL &amp; CO-CURRICULAR COMMITTEE SECRETARY</b> SAHITYA SHERIGAR	 <b>ASST. CULTURAL &amp; CO-CURRICULAR COMMITTEE SECRETARY</b> VRUTEE FARIA	 <b>SPORTS COORDINATOR</b> ISHA KHEDEKAR	 <b>ASST. SPORTS COORDINATOR</b> TANVI PARAB
 <b>SOCIAL MEDIA INCHARGE</b> SIDDHI RAI	 <b>SOCIAL MEDIA INCHARGE</b> JENNIFER SEQUERA	 <b>CULTURAL SECRETARY (SVT)</b> FATIMA KANEEZ SHAIKH	 <b>GREEN INITIATIVE IN CHARGE</b> JANHAVI PAWAR
 <b>VOLUNTEER</b> AASHNA	 <b>VOLUNTEER</b> AMI	 <b>VOLUNTEER</b> AFIYA	 <b>VOLUNTEER</b> SHAIMA
 <b>VOLUNTEER</b> YOJNA	 <b>VOLUNTEER</b> AFRIN	 <b>VOLUNTEER</b> ALFIYA	

# SPLASH Miss SVT Masters



Ms. Pooja Chheda- 2018



Ms. Vini Chawla– Miss SVT 2022

## MISS SVT -MASTERS

Ms. Riya Dedhia, 2019



Ms. Priyanka Adate, 2020



Ms. Hetvi Shah and Ms. Mahek Chawla- 2022

# DEPARTMENT OF POST GRADUATE PROGRAMS AND RESEARCH

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