



S.N.D.T. Women's University  
**Sir Vithaldas Thackersey College of Home Science**  
(Autonomous)  
NAAC Accredited with Grade A  
UGC Honour: College with Potential for Excellence: CPE Phase III (2015-2020)  
RUSA 2-Infrastructure Grant (2018-2020)



**Orientation of Semester III Subjects and Interaction with Faculty**  
**For Returning Students of MSC Exercise Science and Sports Nutrition**  
**Academic Year 2022-23**

**Schedule of Sessions**

Day and date	Time	Subject/ Topics	Resource Person	Venue
Tuesday, 14 <sup>th</sup> June 2022	10:30 am to 12: 30 pm	Foundations of Exercise and Sports Psychology Part I	Dr. Neeta Tatke	004
Tuesday, 14 <sup>th</sup> June 2022	2: 00 pm to 3:00 pm	IT for Nutrition and Health Professionals	Mr. Elton Pinto	004
Wednesday, 15 <sup>th</sup> June 2022	10:30 am to 12: 30 pm	Essentials of drafting a research proposal	Dr. Panchali Moitra	004
Wednesday, 15 <sup>th</sup> June 2022	2: 00 pm to 4:00 pm	Foundations of Exercise and Sports Psychology Part II	Dr. Neeta Tatke	004
Thursday, 16 <sup>th</sup> June 2022	10:00 am to 12 noon	Sports Nutrition in Special Population	Ms. Apurva Surve	004
Thursday, 16 <sup>th</sup> June 2022	2:00 pm to 4:00 pm	Sports Supplements	Ms. Gauri Murthy	004
Friday, 17 <sup>th</sup> June 2022	10:30 am to 12: 30 pm	Sports Nutrigenomics	Ms. Janani Tamilvanan	Virtual
Friday, 17 <sup>th</sup> June 2022	2: 00 pm to 4: 00 pm	Holistic Wellness	Dr Ashish Phadke	004

*J Madan*

Principal

*Panchali moitra*

Academic Dean (Self Finance Programs)

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