

# **Department of Food Nutrition & Dietetics**

**DEPARTMENT ACTIVITIES  
JANUARY - DECEMBER  
2019**

# Workshops Organised by FND Department



**Brand Management & Marketing (15th & 16th March 2019) for TY & Master Students  
by Mr Partho Chakravarty , Strategic Marketing & Brand Advisor, Founder, White Brands Apostles.**



**Food and Dietary assessment ( 17<sup>th</sup> July 19) for TY students  
by Dr. Neha Sanwalka**

# Industrial Visit to Ambassador's Sky Chef on March 18, 2019



**Educational Tour to  
Ahmadabad, Gujarat  
IDACON 2019  
from 19<sup>th</sup> to 21<sup>th</sup>  
December**



# CAREER GUIDANCE WORKSHOP (2018-19)

23<sup>rd</sup> March 2019

Experts (SVT alumni):

- Ms. Neha Sanwalka- Entrepreneur , Director of Nutricanvas
- Ms. Anagha Palekar- Dietitian at B.Y.L. Nair Hospital
- Ms. Shalini Damani & Ms. Bhagyada Jamsandekar- Public Health Nutritionist at FMCH, Mumbai
- Ms. Mihira Khopkar- Director , MARK, Sports Nutritionist





# International Yoga Day- In association with the Yoga Institute Santacruz, 21<sup>st</sup> June 2019





# Nutrition Month celebration by FND department

## TRADITIONAL FOOD MELA 24.09.2019



## NUTRITION AWARENESS PROGRAMME 25.09.2019



# Nutrition Month Celebration (24<sup>th</sup> September 2019)

Traditional food Mela: An EAT RIGHT INDIA Initiative

**THEME: HEALTHY GEMS IN TRADITIONAL CUISINES OF INDIA**

- Inter collegiate recipe competition
- Recipe demonstration by renowned chef, Mr Bali Hardik

Street Plays and Video Display on Safe and Nutritious Food conducted by students of SVT College of Home Science.





# EAT RIGHT TRADITIONAL FOOD MELA

## Purpose:

- Reviving Traditional foods in healthy formats
- Empowering students on food safety for food vendors, creating AV aids

**Beneficiaries : Students, Street food vendors, Parents, People from the community**

**Total outreach : 200**



# Nutrition Month Celebration (25<sup>th</sup> September 2019)

Nutrition Awareness Activity and Seminar on Food for Holistic Health  
In collaboration with PFNDAI

## INTERCOLLEGIATE COMPETITIONS

Competitions	Theme	No. of Participants
Poster Making	Label Design for a Healthy Food conveying it's benefits	34
Recipe	<ul style="list-style-type: none"><li>Protein rich recipes</li><li>Fibre rich recipes</li></ul>	64
Street Play	Food Safety	39



## SEMINAR – Food for Holistic Health

- \* **Dr. Jagmeet Madan** - Principal & Professor, Sir Vithaldas Thackersey College of Home Science (Autonomous), SNDTWU
- \* **Dr. Jagadish Pai** - Executive Director of Protein Foods & Nutrition Development Association of India
- \* **Ms Mani Misra** - Corporate Nutritionist at Research & Development of Mother Dairy Fruit & Vegetable Private Limited, Delhi
- \* **Mr Abhinav Shrivastava** - Head of Regulatory Policy at Amway India Pvt Ltd

# Student achievements

- Dr. K. U. Naram Award For Academic Achievements**

- 1. Bagaria Dhruvi, (TY FND )**
- 2. Dedhia Riya, (TY FND )**
- 3. Dwivedi Mrinali (TY FND)**

**Merit –cum- Means scholarship by Protein Foods And Nutrition Development Association of India (PFNDAI)- Rs 20,000/-**

- 1. Saher Acharya (SY B FND)**
- 2. Vaishnavi Gore (SY B FND)**

**Competitions conducted by Department of Physical Education, SNDTWU (30 Aug 2019)**

- Isha Khedekar (SY B FND)- I prize in Judo**
- Muskaan Mauulik Kapadiaa (SY B FND)- II prize in rope Mallkhamb**





## **Workshop/ short course attended by staff**

- Dr. Madhuri Nigudkar -UGC Sponsored Short Term Course - Workshop on MOOCs, E-Content development and OERs organized by -Human Resource Development Centre, University of Mumbai, Kalina, Mumbai on March 11-16, 2019.
- Ms. Roshni Dange- Workshop –Orientation on API, organized by - SNDT Women's University February 25, 2019

# Collaborations

- **Academic and Research Collaboration: Public Health Foundation of India, New Delhi (PHFI), Date of commencement - April 2019**
- **Academic and collaboration for National Diabetic Educator Program: USV and Health Centre, Mumbai, Date of commencement - April 2019**
- **Academic and Research Collaboration: Kasturbha Health and Research Society, Vile Parle, Mumbai, Date of commencement - April 2019**

# SVT COLLEGE, SNDTWU , MUMBAI and RUTGERS UNIVERSITY USA MOU signed for FOOD INNOVATION CENTRE and AGRI ALLIANCE (19TH September 2019)





# SVT Collaboration in National Initiative NetProFaN

**Platform facilitated by FSSAI to leverage the collective strengths of the professional associations to foster innovations**

## **Collaborators:**

Indian Dietetic Association (IDA)  
Nutrition Society of India (NSI)  
Association of Food Technologists and Scientists (AFSTI)  
Indian Medical Association (IMA)  
The Indian Federation of Culinary Associations (IFCA)  
AoAC - Association of Analytic Chemist

## **3-fold Mandate:**

**Provide technical inputs towards various food and nutrition efforts in the country.**

**Outreach and engagement - direct to consumers, support government**

**Professional development of members**



# Launch Of NetProFaN MAHARASHTRA

**1ST STAKEHOLDER MEETING hosted by SVT on 24<sup>th</sup>  
April 2019**

## **Speakers:**

Dr Jagmeet Madan  
Dr Prabodh Halde  
Mr Muthumaran  
(Western Regional  
Director, FSSAI)

## **Purpose of event :**

Familiarization OF  
KEY OPINION  
LEADERS TO  
NETPROFAN  
Maharashtra and  
planning future  
events.



# COLLABORATIVE PROJECTS

- Nutritional awareness program on iron deficiency anemia among school children in Mumbai, in Collaboration with FSSAI
- SVT Collaborative Project with FDA Maharashtra-School Food & Canteen Menu Project





# Staff Achievements & Activities

- Elected as the **National President Dietetic Association (2019-21)**
- Elected as the **Lead National Steering Committee FSSAI NetProfan (2019-20)**
- Invited as a **National Faculty & Keynote speaker** at various forums



**Dr. Jagmeet Madan**

# Staff Achievements & Activities

## Publications In Research Journals

- Ms. Jyoti Gandhi and Dr. Rekha Battalwar** 'Eating Habits and night snacking patterns of young women at risk for eating disorders' International journal of physiology, nutrition and physical education, 2019, Volume 4, Issue 1.
- Ms. Prachi Jhaveri and Dr. Rekha Battalwar** 'Physical activity pattern and nutrient intake in young adults going to gymnasium in Mumbai city' International journal of yogic, human movement and sports sciences, 2019, Volume 4, Issue 1
- Dr. Rekha Battalwar and Ms. Mulla Ayesha** 'Exposure to weight loss advertisement in the mass media and its effects on the health of young women in Thane city, Journal of emerging technologies and innovative research, 2019, Volume 6, Issue 5
- Dr. Rekha Battalwar and Ms. Shaikh Shirin** 'Study on Vitamin D and Calcium deficiency in patients with Type II Diabetes Mellitus and Non Diabetic Population' Journal of emerging technologies and innovative research, 2019, Volume 6, Issue 4
- Dr. Rekha Battalwar and Ms. Gaikwad Prajakta** 'Consumption of Oil, Sugar and its Health effects on Adults' Journal of emerging technologies and innovative research, 2019, Volume 6, Issue 5
- Ms. Reena Kumari and Dr. Rekha Battalwar** 'Study on Life style and Dietary patterns of Type -2 Diabetes patient's in Mumbai city' International Research Journal of Engineering and Management Studies, April, 2019, Volume 3, Issue 4



**Dr. Rekha Battalwar**

# Staff Achievements & Activities

- Invited as - **External referee** for evaluating **Doctoral Thesis of MSU Baroda and University of Kerala**
- **Subject expert** for the **selection of the post of Assistant Professor** at Anjuman-I-Islam's, Begum Jamila Haji Abdul HAQ College Of Home Science CST Mumbai
- **Poster Presentation** with **Ms.Rashida Vapiwala** on **Nutrition Composition of Ultra-processed, Packaged Snacks in Urban Indian Market. IDACON 2019**; 20 & 21<sup>st</sup> December 2019
- President, Founder Member of Association of Sports Nutrition and Fitness Sciences



Dr.Meena Godhia



# Staff Achievements & Activities

- First Prize in : Oral Presentation on “Resistant Starch Content of Food Preparations, Daily Intake and Sources in the Diets of Adults Residing in Mumbai “ at UGC-SAP DRS-II sponsored NATIONAL SEMINAR on “Community Health Enrichment through Home Science Education and Research” on 4<sup>th</sup> and 5<sup>th</sup> Feb 2019 . Gujarat
- Completed Ph D in December 2019
- Attended UGC Sponsored Short Term Course-Workshop on MOOCs, E-Content development and OERs organized by -Human Resource Development Centre, University of Mumbai, Kalina, Mumbai on March 11-16, 2019.



Dr. Madhuri Nigudkar

# Staff Achievements & Activities

- Research Abstract publication:  
**Fortification of food commodities- a need of public health**
- Sapota processing- **An opportunity for empowering rural women(SHG) in sovenior by Zantech Opportunities in Health Foods and IDA.**



**Ms.Sulakshana Mane**

# Staff Achievements & Activities

- Invited as **Member of Local Inspection Committee, BMN college of Home Science, SNDTWU Matunga. April 24 2019.**
- Publication - Ms. Roshni Dange “**Breakfast consumption and physical activity of college going students, 17 to 21 years in selected areas of Mumbai city**”. Online international interdisciplinary research journal Vol 08, Issue 06, Nov-Dec 2018. ISSN 2249-9598
- **Attended Orientation on API**, organized by - SNDT Women's University February 25, 2019



**Ms. Roshni Dange**



# Staff Achievements & Activities

- Oral Presentation: 'Influence of maternal Food choices on children's weight among preschoolers 4-6 years'. Med Inspire conference Organized by D. Y. Patil University Navi Mumbai on - February 2, 2019



Ms. Shilpa Saira John