

Sports Annual Report 2019-20

- Sir Vithaldas Thackersey College of Home Science (Autonomous) had organized 'International Yoga Day' celebration in association with 'The Yoga Institute' Santacruz' in the college on 21st June, 2019 at the University foyer near Mini Auditorium at 10:30 am to 1:00 pm.
- The Chief Guest of the programme was the Yoga Guru Hansaji Jayadeva Yogendra.

International Yoga Day- 2019-20



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Sport Intercollegiate Events at Nashik

- Isha Khedekar won the Gold Medal in the Judo at Intercollegiate Competition at Nashik on 29th and 30th August.2019 and also won a talented player award.
- Ms. Muskan Kapadiya secured Second Place at Nashik in the Ropemallakhamb and was awarded a talented player 29th and 30th August.2019.

Sport Intercollegiate Events at Nashik



Isha Khedekar won the Gold Medal in Judo



Muskan Kapadiya Second Place in Ropemallakhamb

Sports Day Report 2019-20

- Sir Vithaldas Thackersey College of Home Science (Autonomous) celebrated Annual Sports Day on 14th January, 2020 at Small Ground in the SNDT Women's University's Juhu Campus with lots of enthusiasm.
- The sports day programme more than two hundred and sixty students participated in the various events.
- Sports events like 110 mtr. race, Shot Put, Tug of War, Relay (4*100m) and Box Cricket took place.
- The chief guest Dr Shraddha Naik, Director, Physical Education and Sports was present for the prize distribution and guided students for sports activities and informed them about the facilities available in the SNDT Women's University in sports field

SNDT Minithon 2nd Feb.2020

- SNDT women's University had organized 'SNDT Minithon' at Juhu Campus on 9thFeb.2020 at 6:00pm.
- Sir Vithaldas Thackersey College has twenty-five participants for the Minithon and represented the college at University level.
- Two students were selected for the arrangement of the programme named Ms. Shrinidhi and Ms. Suhani.

International Achievements



Ms Muskan Kapadiya Secured a Silver Medal at an International Yoga Championships held in Bali.



Ms Muskan Kapadiya Secured Gold Medal in the Indo Nepal Championship held in Nepal on the 8th of February 2020.

Thank you