

ACTIVITIES OF DEPARTMENT OF HUMAN DEVELOPMENT

2020

**SEMINAR ON
“ROLE OF THE TEACHER IN PROMOTING
MENTAL HEALTH OF ADOLESCENTS”
DATE: 20TH JANUARY, 2020**



INAUGURATION OF SEMINAR WITH UNIVERSITY SONG



PARTICIPANTS – STUDENTS AND PROFESSORS



Ms. Ashita Kaul, School Counsellor, Kowhai Intermediate School, New Zealand Talking On Factors Leading To Mental Health Problems And Its Impact On Adolescents- Signs And Symptoms



Ms. Archana Jain, Head, Department Of Human Development . Sir Vithaldas Thackersey College Of Home Science (Autonomous) Talking On- Role Of Teachers In Helping Adolescents Deal With Mental Health Problems



Dr. Avinash De Sousa, Consulting Psychiatrist Talking On-Learning To Stay Mentally Healthy And Coping With Mental Health Issues



SEMINAR ON MIND AND BODY CONNECT: HARNESSING AND NURTURING THE POTENTIAL

**INDUSTRY ACADEMIA INTERFACE ORGANISED BY SIR
VITHALDAS THACKERSEY COLLEGE OF HOME SCIENCE
(AUTONOMOUS) IN COLLABORATION WITH HADSA – AN NGO ON
JANUARY 21, 2021**



Seminar on Mind and Body Connect: Harnessing and Nurturing the Potential

Dr. Harish Shetty shared his views on “SOCIAL RELATIONSHIPS AND MENTAL WELLBEING - CHALLENGES OF TODAY'S YOUTH ” In the panel discussion on the theme: ‘MIND BODY CONNECT - CHALLENGES AND OPPORTUNITIES IN THE NEW NORMAL’



Seminar on Mind and Body Connect: Harnessing and Nurturing the Potential

Ms. Upasna Shah an alumni from the Department of Human Development shared her experiences as an entrepreneur in starting her Remedial center NEEV ” In the session on “THINKING OUT OF THE BOX- NURTURE SKILLS IN INNOVATION, CREATIVITY AND BUSINESS IDEAS, RISKS



WEBINARS CONDUCTED BY HUMAN DEVELOPMENT DEPARTMENT

Webinar Moving Ahead with a Psychosocial Safety Net” (May 27, 2020) For ‘You-Me and COVID 19-Let’s Tackle it Together’, hosted by the IQAC Committee Of Sir Vithaldas Thackersey College of Home Science (Autonomous)




Family and Child Enrichment Center (F.A.C.E.)
Department of Human Development
Sir Vithaldas Thackersey College of Home Science (Autonomous)
S.N.D.T Women's University, Juhu



Is hosting a webinar on


"MOVING AHEAD WITH A PSYCHOSOCIAL SAFETY NET"

May 27, 2020 | 3:00 to 4:00 p.m.



Mrs. Archana Jain
Head,
Department of Human Development,
Sir Vithaldas Thackersey College of Home Science (Autonomous)

For individuals of 14 years and above



Dr. Bhamini Mehta
Assistant Professor,
Department of Human Development,
Sir Vithaldas Thackersey College of Home Science (Autonomous)

PSYCHOSOCIAL SAFETY NET

The mystification of a safe environment and the turmoil of an uncertain future can be creating immense stress... let's understand how to live in the new normal.....

Link Details : https://us02web.zoom.us/join/register/WN_SyH90ouXS1CjwFyQ6A3r1Q

WEBINARS CONDUCTED BY HUMAN DEVELOPMENT DEPARTMENT

Panel Discussion on “Early Childhood Education- Concerns and Challenges in the new normal COVID times” (May 27, 2020) For ‘You-Me and COVID 19- Let’s Tackle it Together’, hosted by the IQAC Committee Of Sir Vithaldas Thackersey College of Home Science (Autonomous)



Family and Child Enrichment Center (F.A.C.E.)
Department of Human Development
Sir Vithaldas Thackersey College of Home Science (Autonomous)
S.N.D.T Women's University, Juhu



Is hosting a webinar on

"Early Childhood Education - Concerns and Challenges in the New Normal COVID Times"

May 27, 2020 | 4:30 to 5:30 p.m.



Mrs. Archana Jain
Head,
Department of Human Development,
Sir Vithaldas Thackersey College of
Home Science (Autonomous)



Ms. Tasneem Khan
Head- Kindergarten,
Bombay Cambridge International
School- Andheri West



Ms. Navleen Chandhok
Coordinator,
Family And Child Enrichment Centre
Department of Human Development,
Sir Vithaldas Thackersey College of
Home Science (Autonomous)



Ms. Swati Bhatt
Director,
The Learning Curve,
Executive Member AECED Mumbai



Ms. Shilpa Sawalakhe
Assistant Professor,
Department of Human Development,
Sir Vithaldas Thackersey College of
Home Science (Autonomous)

Moderator


**For Parents and
Educators in the field
of Early Childhood
Care and Education**

**Let's talk and understand how to provide the optimal
care and age appropriate education to our children**

Link Details : https://us02web.zoom.us/join/register/WN_WM9U4PcSIKedwPKHslCeQ


WEBINARS CONDUCTED BY HUMAN DEVELOPMENT DEPARTMENT

**“Career
Confusion
lets
talk it
out” on
August
24, 2020**



SIR VITHALDAS THACKERSEY COLLEGE
OF HOME SCIENCE (AUTONOMOUS)
SNDT Women's University, Mumbai

Career Confusion? Lets Talk it out!




SNDT WOMEN'S UNIVERSITY
Estb: 1916

Anxious about the admissions?

Indecisive about which discipline to choose?


Worried about which stream will be best suited for you?

What if you do not get the preferred choice?



A session on Coping with confusion in choice of Discipline and Admission
For 12th pass students and their Parents
Date: 24th August, 2020 (Monday)
Time: 4:00 to 5:00 p.m.

Session Link:
<https://meet.google.com/qoy-uvcc-udc>

Organised by
 Family And Child Enrichment Center
Department of Human Development
Sir Vithaldas Thackersey College of Home Science (Autonomous)
SNDT Women's University, Juhu Campus, Mumbai

Link for Registration:
<https://docs.google.com/forms/d/12GAdXZ4WCuyWob9fLFAOC6FcxmgJlPB5zFPyJYHz7v0/edit>



Department of Human Development
Sir Vithaldas Thackersey College of Home Science (Autonomous)
in collaboration with
Department of Special Education
SNDT Women's University

Organises

Webinar
on filling online form for
B.Ed./M.Ed. and CET
Date: May 11th, 2020
Time: 2:00 to 3:00 p.m.
Online Platform: Zoom

For further details contact
Dr. Bhamini Mehta:
9922558673



**WEBINAR ON FILLING
ONLINE FORM
B.ED./M.ED. AND CET
FOR THE TY BSC
STUDENTS OF THE
DEPARTMENT OF
HUMAN DEVELOPMENT
ON MAY 11, 2020**

FACULTY PARTICIPATION AS RESOURCE PERSON

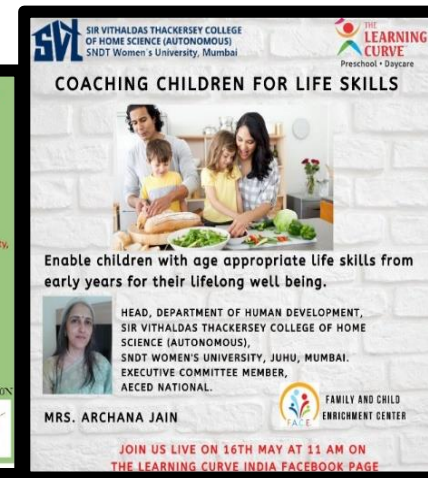
Ms. Archana Jain invited as Resource person to talk on “Alternative Career Guidance” by Edu Tech India on 10th Jan 2020

Ms. Archana Jain invited as Resource person to talk on ‘Maintaining Wellbeing Among Adolescents’ on 6th Feb 2020

Ms. Archana Jain invited as Resource person for Webinar for Learning Curve on Coaching children for Life Skills on 16 May 2020

Ms. Archana Jain invited as Resource person for webinar for AECED on Partnering with Parents – Eminent need on 4 July 2020

Ms. Archana Jain invited as Resource person for webinar on “importance of play in ECCE” 9th sept 2020



WEBINARS /TRAINING PROGRAMS ATTENDED BY FACULTY

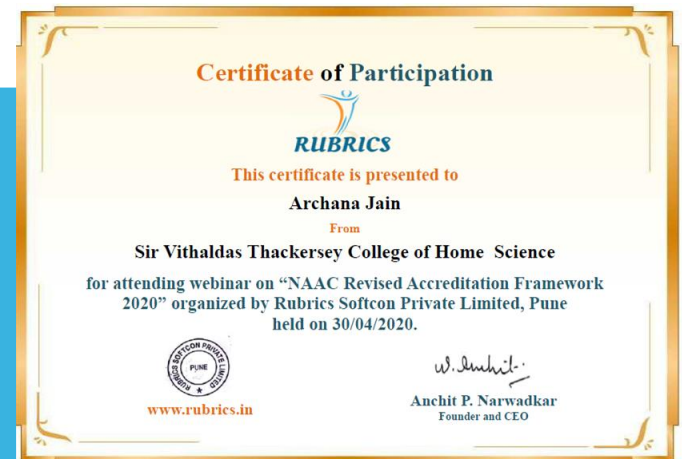
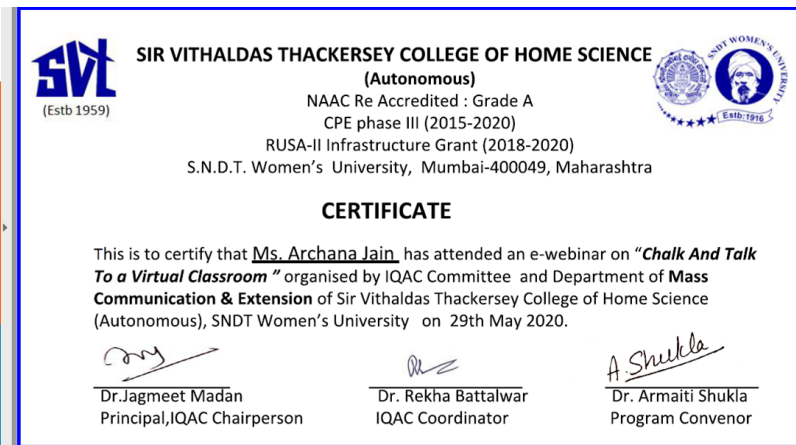
Ms. Archana Jain attended webinar on -
NAAC Revised Accreditation Framework 2020 organized by Rubric Softcon Pvt Ltd
on 30 April 2020

IQAC National level workshop on Reinventing learning spaces on 3rd Feb 2020

IQAC workshops on Corona Virus a Microbial view on 26th may 2020, the
transformative power of books and literature on 28th may 2020, chalk and talk to
a virtual classroom on 29 may 2020

Ms. IQAC workshop - Fast Track Google Educator Workshop from 18th july to 28 july
2020

National Workshop on "Blended Learning" June 13, 2020 organized by Department
of Educational Technology SNDT Women's University



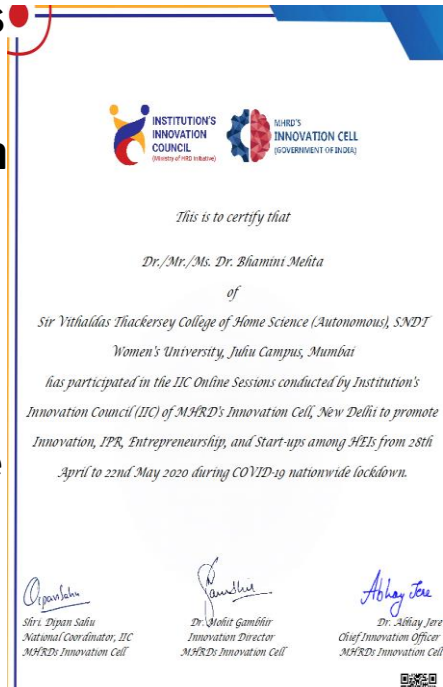
Dr. Bhamini Mehta

**IQAC National level workshop on Reinventing learning spaces
February 3, 2020.**

**Participated in a five day online workshop on Action Research
organized by Organised by Department of Educational
Technology in collaboration with Department of Special
Education, SNDT Women's University, April 3 to 8, 2020.**

**IIC Online Sessions conducted by Institution's Innovation
Council (IIC) of MHRD's Innovation Cell, New Delhi to promote
Innovation, IPR, Entrepreneurship, and Start-ups among HEIs
during COVID-19 nationwide lockdown, April 28 to May 22,
2020.**

**Attended webinar on Identifying weaker students and
remedial actions organised by InPods, Ed. Tech., Pune, May 4,
2020.**



**LIFE SKILLS WORKSHOP ON
SELF -ESTEEM AND BODY IMAGE ON January
18, 2020**



INTRODUCTION TO THE WORKSHOP ON SELF - ESTEEM AND BODY IMAGE



BODY SHOP GAME



UNDERSTANDING BODY IMAGE



IMPROVING BODY IMAGE



BUILDING ON SELF ESTEEM



BEING POSITIVE AND CONFIDENT



**WORKSHOP ON RACE TO SPACE FOR CHILDREN AGED 9 TO 12 YEARS
ON MARCH 14, 2020, CONDUCTED BY SY BSC STUDENTS OF THE
DEPARTMENT**



WORKSHOP ON VALUES KI PATHSHALA FOR CHILDREN AGED 9 TO 12 YEARS ON MARCH 14, 2020 CONDUCTED BY SY BSC STUDENTS OF THE DEPARTMENT



WORKSHOP ON EMPATHY AND SELF AWARENESS CONDUCTED BY TY BSC STUDENTS FOR THE SY BSC STUDENTS OF THE DEPARTMENT OF HUMAN DEVELOPMENT ON DECEMBER 11, 2020

The screenshot displays a Google Meet interface during a workshop. The top browser bar shows tabs for 'Manual Of Heart - Google Jam...', '(3) WhatsApp', and 'Meet - uzn-jrdc-ohg'. The address bar is 'meet.google.com'. Below the browser bar, a red 'REC' button indicates recording is on. The main area is a grid of 24 participants, each with a video feed and a name tag. The participants are arranged in four rows and six columns. The first row includes 'You', 'TAHZEBA QURESHI', 'SAMIRUN KHAN', 'Jasmeet Anand', 'KATELYN TALKER', and 'MAHEK NANDU'. The second row includes 'INJILA QURESHI', 'AKANSHA BHATIYA', 'SHALINI LORA LEON', 'BHAVANA SOLA...', 'GOPIKA HOSANGADI', and 'JUVERIYA SIDDIQUI'. The third row includes 'Ayesha Karadia', 'SUCHARITA SUVARNA', 'HUMAIRA CHUNAWA...', 'TASKEEN THIM', 'SUCHETA SUVARNA', and 'PURVA SHASANE'. The fourth row includes 'PALLAVI KHOT', 'SARA SHIRGAONKAR', 'JANHAVI GANDHI', 'DHARTEE PATEL', 'Bhamini Mehta', and 'AREEBA SHAIKH'. The fifth row includes 'MISBAH KHAN', 'INJILA QURESHI', 'MAITRI KAPADIA', 'MINAL GALA', 'SIDDHI SURVE', and 'POOJA GUPTA'. On the right, a chat window titled 'h36brrslit' shows messages from participants. The bottom of the screen shows the Windows taskbar with the search bar and various application icons.

Manual Of Heart - Google Jaml: x (3) WhatsApp x Meet - uzn-jrdc-ohg x

meet.google.com

Apps Gmail YouTube Meet WhatsApp Classes

REC

You TAHZEBA QURESHI SAMIRUN KHAN Jasmeet Anand KATELYN TALKER MAHEK NANDU

INJILA QURESHI AKANSHA BHATIYA SHALINI LORA LEON BHAVANA SOLA... GOPIKA HOSANGADI JUVERIYA SIDDIQUI

Ayesha Karadia SUCHARITA SUVARNA HUMAIRA CHUNAWA... TASKEEN THIM SUCHETA SUVARNA PURVA SHASANE

PALLAVI KHOT SARA SHIRGAONKAR JANHAVI GANDHI DHARTEE PATEL Bhamini Mehta AREEBA SHAIKH

MISBAH KHAN INJILA QURESHI MAITRI KAPADIA MINAL GALA SIDDHI SURVE POOJA GUPTA

h36brrslit

People (30) Chat

Such Cute drawings you'll be making

SIDDHI SURVE 1:30 PM
We're done but someone's erasing it ahha

SAMIRUN KHAN 1:31 PM
And all of them are trying to put the real emotion on the images.

SAMIRUN KHAN 1:43 PM
Most of our girls are already practicing empathy....and that's so calming and pleasing to know 😊

SUCHETA SUVARNA 1:45 PM
Yes putting ourselves in their position helps us relate to what they are feeling

SUCHARITA SUVARNA 1:46 PM
Yes because that makes us look at things from their perspective

Jasmeet Anand 1:48 PM
Can you please put the music off for a minute?

Send a message to everyone

Type here to search

13:50 11-12-2020

LEARNING THROUGH PLAY FOR CHILDREN IN CHINCHANI VILLAGE AS RURAL OUT-REACH ACTIVITY ON JANUARY 29, 2020



STUDENT ORIENTING CHILDREN ON THE THEME “MAJESTIC INDIA”



LANGUAGE DEVELOPMENT THROUGH PLAY



RECOGNIZING FAMOUS INDIAN PERSONALITIES



LEARNING ABOUT INDIAN TRADE

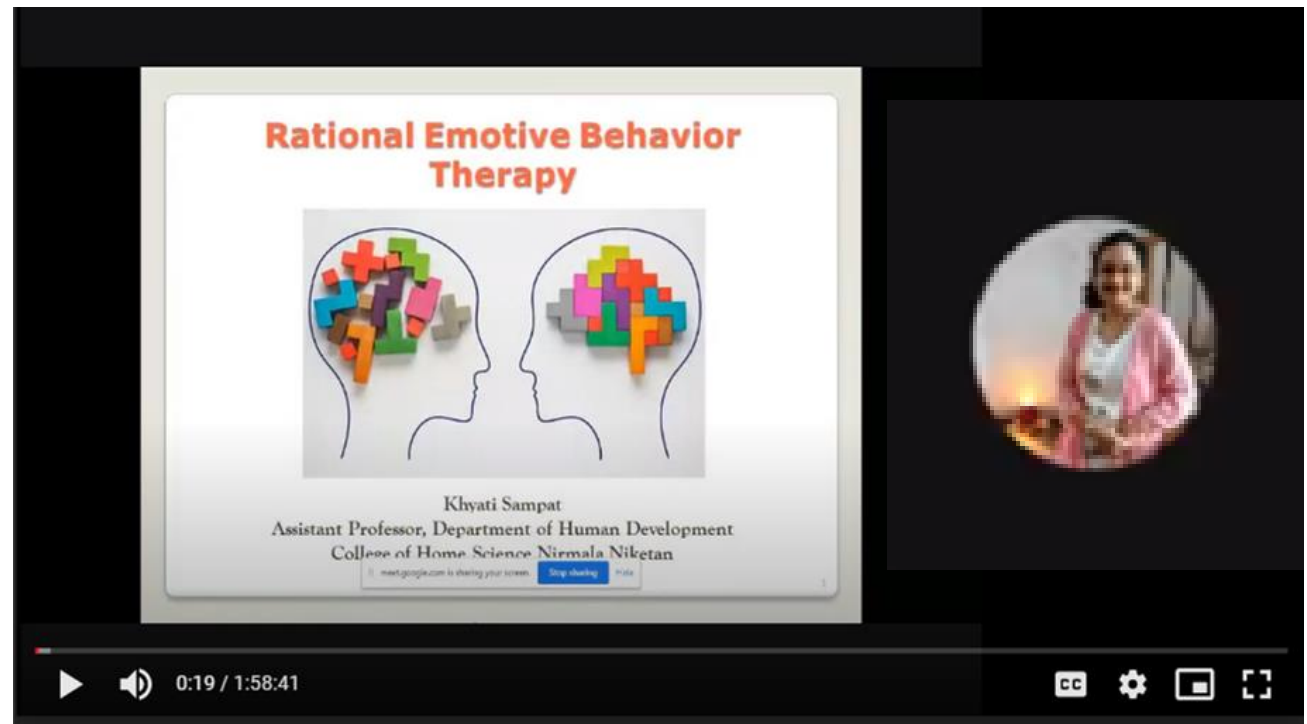


LEARNING ABOUT MONUMENTS IN INDIA




GUEST SPEAKERS INVITED

Ms. Khyati Sampat
talk on **REBT**
Approach to
counselling for
TY HD students
on January 23,
2021



Rational Emotive Behavior Therapy



Khyati Sampat
Assistant Professor, Department of Human Development
College of Home Science, Nirmala Niketan

meet.google.com is sharing your screen. [Stop sharing](#) [Info](#)

0:19 / 1:58:41

CC Settings Full Screen

MS. NISHA BELLARE FOR A LECTURE ON 'IMPORTANCE OF NUTRITION DURING ADOLESCENCE' ON JANUARY 22, 2021, ORGANISED FOR THE SY HUMAN DEVELOPMENT STUDENTS

The screenshot shows a Google Meet recording interface. The main content is a presentation slide titled "NUTRITIONAL DEFICIENCIES". The slide lists the following points:

- Folate deficiency- legumes and green leafy vegetables
- Nutritional deficiency in folate is common among people consuming an inadequate diet especially among pregnant adolescents and women.
- Deficiencies of folate in your diet will result in impaired metabolism.
- Folate deficiency also can cause anaemia (megaloblastic anaemia).
- Iodine deficiency – Fish, eggs, meat, milk and milk products, cereal grains and dried fruits
- Thyroid hormones
- Iodine deficiency is a preventable cause of mental deficiency and cretinism, especially during pregnancy.

A small video inset shows a woman, Nisha Bellare, speaking. The bottom of the screen shows a Windows taskbar with various application icons and a system clock indicating 09:00 on 08-02-2021. A OneDrive notification is visible in the bottom right corner, stating "Screenshot saved. The screenshot was added to your OneDrive."

GUEST SPEAKER INVITED DR. N.K. JYOTHI FOR A LECTURE ON, 'BLOOM'S TAXONOMY', 11TH SEPTEMBER, 2020 ORGANISED FOR THE SY HUMAN DEVELOPMENT STUDENTS

11/9/2020

Meet - Wagdyr 2mm

Jyothi NK is presenting



a4k2x3tad5



People

(14)



Chat



Add people

Host controls

D

Bhamini Mehta (You)

DHARTEE PATEL

G

GOPIKA HOSANGADI

H

HUMAIRA CHUNAWALA

J

JUVERIYA SIDDIQUI



jyothe nk

Jyothi NK

M

MISBAH KHAN

P

PALLAVI KHOT

P

PURVA SHASANE

S

SARA SHIRGAONKAR

S

SUCHARITA SUVARNA

S

SUCHETA SUVARNA

Z

ZUBAIDAH DADANI

Blooms Taxonomy

Writing learning Objectives

Presentation for SVT students

By

Ms. N K Jyothi

Associate Prof

Dept of Psychology

JaiHind College

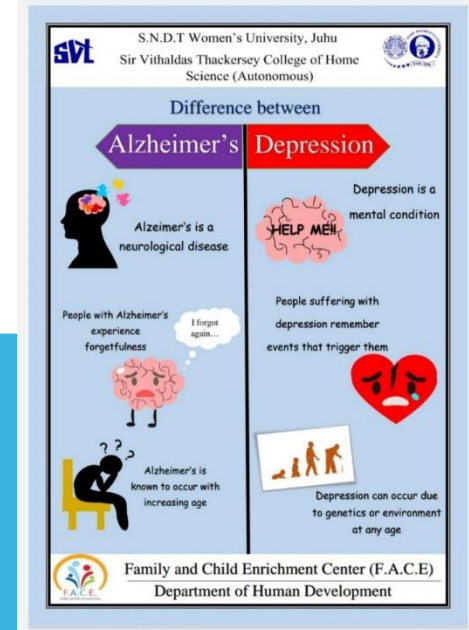
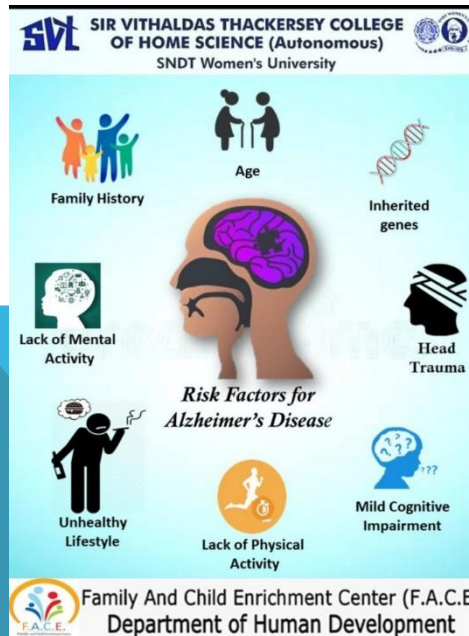
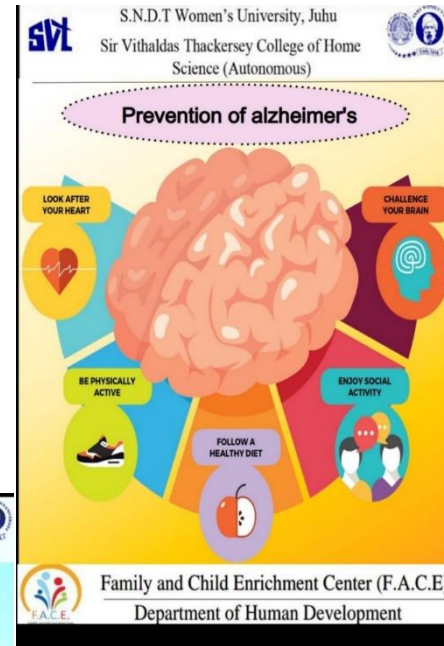
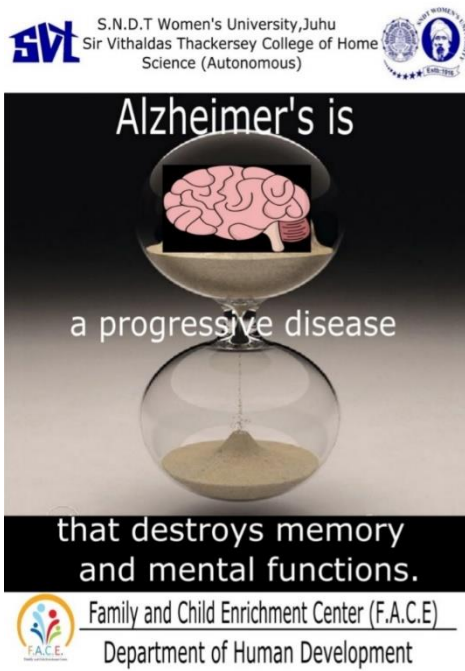
AWARENESS ON ALZHEIMER'S: A COMMUNITY OUTREACH INITIATIVE

The TYBSc students of the Human Development Department prepared a series of posters as an initiative to create awareness on Alzheimer's in the community by preparing posters that were shared on all social media handles of college and the students starting on Alzheimer's Day 21st September 2020 to World Elderly Day , 1st October 2020.

Over the span of 11 days 32 posters on various aspects such as meaning of Alzheimer's, myths and facts, causes, signs and symptoms, impact on life style, role of family etc. the posters were shared by the college, staff and students on social media







POSTERS PREPARED



POSTERS PREPARED

SVL S.N.D.T Women's University, Juhu
Sir Vithaldas Thackersey College of Home Science (Autonomous)

Changes in lifestyle due to Alzheimer's

BEFORE	AFTER
 <p>This news article is so interesting</p>	 <p>I don't understand this language</p>
 <p>Hi! My name is Ramesh and I love my family.</p>	 <p>Hi! Me...my name...Ramesh. My Family?</p>



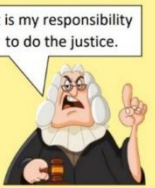

Avoid tasks that made them happy.

Find it difficult to communicate with people.

Family and Child Enrichment Center (F.A.C.E.)
Department of Human Development

SVL S.N.D.T Women's University, Juhu
Sir Vithaldas Thackersey College of Home Science (Autonomous)




Changes in lifestyle due to Alzheimer's

Before	After
 <p>I love driving.</p>	 <p>I miss driving.</p>
 <p>It is my responsibility to do the justice.</p>	 <p>What is this hammer for?</p>

Family and Child Enrichment Center (F.A.C.E.)
Department of Human Development

SVL Sir Vithaldas Thackersey College of Home Science (Autonomous)
SNDT Women's University

>> ROLES OF CAREGIVERS <<

- 
Personal Supervision
providing constant companionship and general supervision.
- 
Transportation
driving to and from activities and running errands
- 
Assisting with Personal Care
bathing and grooming, dressing, toileting and exercise

Family And Child Enrichment Center (F.A.C.E.)
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ROLE OF SOCIETY

"Let's Not Forget to Fight For Those Who Can't Remember"

 **Report it**

If you see someone teasing or abusing Alzheimer patient then stop them and report about it

Try to reach various organizations to help Alzheimer patients



Family and Child Enrichment Center (F.A.C.E.)
Department of Human Development