

**SIR VITHALDAS THACKERSEY COLLEGE OF HOME SCIENCE (AUTONOMOUS)**  
**S.N.D.T. Women's University, Juhu, Mumbai**

Sem.	Program: B.Sc.in Food, Nutrition and Dietetics– Honors / Regular		Course Type	Credits		
	Course Name			Regular	Honors	
I	Communicative English (4+0)		ASEC	22	22	
	Environmental Studies (4+0)					
	Consumer Education and Financial Literacy (4+0) <u>OR</u> Travel Arrangements and Formalities (4+0)		GE			
	Personal and Professional Relationships in Adulthood (4+0) or Marriage and Parenting (4+0)		Core			
	Fundamentals of Nutrition (4+2)					
II	Digital Photography (4+0) <u>OR</u> Voice Culture and Modulation (0+4)		GE	20	20	
	Fashion Craft(0+4) <u>OR</u> Fundamentals of Fashion(4 +0)					
	Functional English <b>OR</b> Advanced English (4+ 0) <b>OR</b> Science for Life (4 + 0)					
	Nutrition across the Life Cycle (0+4)		Core			
	Human Anatomy and Physiology(4+0)					
III	Basic Dietetics(4+2)		Core	18	22	
	Nutritional Biochemistry (4+2)					
	Food Science (4+2)					
	Hospital Food Service Management(4+0) <i>*Only for Honors</i>		<i>* Core</i>			
IV	Gender Studies (2+0)		ASEC	20	24	
	Foreign Language (0+2) <b>OR</b> Media and Information Literacy (0+2)		GE			
	Functional Foods and Introduction to Nutrigenomics (4+0)		Core			
	Therapeutic Dietetics( 4+2)					
	Macronutrients in Health and Disease (4+0)					
	Food Microbiology, Hygiene and Sanitation(0+2)					
	Pathophysiology of Diseases (4+0) <i>*Only for Honors</i>		<i>* Core</i>			
V	Micronutrients in Health and Disease(4+0)		Core	20	24	
	Exercise Physiology and Sports Nutrition (4+0)					
	Techniques of Nutritional Assessment (0+2)					
	Nutrition and Ayurveda (0+2)					
	Public Health Nutrition (4+2)		8 credits for Regular  +4 credits <i>Only for Honors</i>			DSE
	Specialized Dietetics (4+2)					
	Nutrition Communication and Counselling (0+2)					
	Psychology of Eating (0+2)					
	Yoga for Health and Wellbeing (0+2)					
VI	Geriatric Nutrition (4+0)		Core	20	28	
	Research and Trends in Food, Nutrition and Dietetics (0+2)					
	Internship (0+4)					
	Entrepreneurship in Food and Nutrition (0+2)					
	Research Methods and Statistics in Food, Nutrition and Dietetics (0+2) <i>* Only for Honors</i>		<i>* Core</i>			
	Food Analysis (0+2) <i>*Only for Honors</i>					
	Women and Child Nutrition (4+2)		8 credits for Regular +4 credits <i>*Only for Honors</i>			DSE
	Food Preservation Safety and Quality Control (4+2)					
	Bariatric Nutrition (0+2)					
	Sports Nutrition and Fitness Management (0+2)					
	Global Cuisine and Nutrition (0+2)					
<b>TOTAL CREDITS</b>				<b>120</b>	<b>140</b>	