



ANNUAL QUALITY ASSURANCE REPORT (AQAR)

2008-2009

S.V.T. COLLEGE OF HOME SCIENCE (AUTONOMOUS)

S.N.D.T. WOMEN'S UNIVERSITY,
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S.V.T. COLLEGE OF HOME SCIENCE
(AUTONOMOUS)
S.N.D.T. WOMEN'S UNIVERSITY,
JHU ROAD, MUMBAI – 400049

Year: 2008 - 2009

Annual Quality Assurance Report (AQAR) of the
IQAC of
S.V.T. College of Home Science

The Internal Quality Assurance Cell (IQAC) was established in April 2004 in our College.

COMPOSITION OF THE IQAC

Dr. Meena Godhia (Principal Incharge)	- Chairperson
Dr. Suja Koshy	- Chief Coordinator
Mrs. Bharati Goswami	- Core Committee Member
Mrs. Manjiri Bhalerao	- Core Committee Member
Dr. Anila Varghese	- Nominee of Vice Chancellor
Dr. Kumudavalli	- Nominee of Vice Chancellor
Dr. Harshada Rathod	- Nominee of Vice Chancellor
Dr. Madhav Welling	- Local Society Representative
Dr. Jehangir Mistry	- Local Society Representative

Each of the subcommittee was constituted to look into the improvement of quality in its respective area of functioning in the College

I.Q.A.C. Subcommittees (June 2008-2009)

I.Q.A.C. Subcommittees & the Chairperson	Members	Objectives
RESEARCH & PUBLICATION Dr. Khurshed Mistry	1) Dr. Alexander 2) Dr. Koshy 3) Dr. Manjit Kaur 4) Mrs. Armaity Shukla 5) Mr. Vaidya (Library support for research)	a) To encourage teaching faculty to undertake research projects (minor & major) b) To disseminate information to the staff about the various schemes for fellowships/scholarships available c) To initiate a research journal at college level
PUBLICITY COMMITTEE Dr. Jagmeet Madan	1) Mrs. Vipra Banerjee 2) Mrs. Suman Mundkur 3) Mrs. Mamta D'Souza	a) To bring about a tangible positive difference in the enrollment in Home Science at Junior College & Senior College level b) To disseminate information about the college thro' various media – newspapers/magazines/radio/Prom o film/cable channel etc. c) To initiate efforts to update SVT website & SNTD website with latest information
SELF-FINANCING COURSES	1) Mrs. Manjiri Bhalerao 2) Mrs. Archana	a) To review the number & quality of the self-financing courses offered by different departments

<p>Mrs. Milan Desai</p>	<p>Jain 3) Mrs. Madhuri Nigudkar 4) Mrs. Kamini Pradhan 5) Mrs. Shailaja Ghag</p>	<p>b) To recommend starting of short-term courses with market value. c) To identify the ways to increase the feasibility & practicality of offering more courses within the present infrastructure d) To provide guidelines to different departments in terms of uniformity of course structure (in terms of credits/duration of course/theory & practical ratio/rate of payment to different visiting faculty/monitor quality of course/ review job profile of students completing course)</p>
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These IQAC Committees were assisted in improving quality of the functioning of college with the support of the other committees at College level, like the Peer Evaluation Committee, Evaluation Committee, Staff Development Committee, NSS & Population Education Committee etc. All the subcommittees chalked out a plan of action for this academic year at the beginning of the year. Each subcommittee met during the year and reviewed their plans and activities. All the committee members have shown a lot of commitment and sincerity while undertaking the different activities planned by the subcommittees through the year. Each of the subcommittee has tried to improve the functioning of the College in their own way. This is evident in the innumerable academic and extracurricular activities conducted the year around.

Part A:

Plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and what is the outcome by the end of the year?

S.No.	Department/ Committee	Plan of action for 2008-2009	Outcome of Plan at end of year
1.	College	<p>✓ Undertake all plans under CPE for the year 2008-2009</p> <p>✓ Organize an International conference on “Multidisciplinary Approach to Healthy & Participatory Ageing”</p>	<p>✓ Most of the plans under CPE for the year 2008- 2009 has been implemented. The work of the Instrumentation Laboratory was initiated and was completed by July 2008.</p> <p>✓ An International conference on “Multidisciplinary Approach to Healthy & Participatory Ageing” was organized very successfully from January 22nd to 24th January, 2009 with more than 400 delegates attending the same. (Report in annexure)</p>
2.	Department of Food & Nutrition	<p>➤ Department of Foods & Nutrition would be considering the feasibility of -</p> <p>i) Introducing Food Microbiology practical as a value added course.</p> <p>ii) Commence Food Science and Technology</p>	<p>For Conducting practicals in Food Microbiology discussions on with Department of Biochemistry. Food Science & Quality, Ruia College, Mumbai.</p> <p>- B. Sc. Program in Food Science, Nutrition &</p>

		as a sub-specialization.	Dietetics with 100 credits of specialization courses, 8 credits for foundation courses & 12 credits for elective subjects was discussed in the Board of Studies – Further action will depend upon the college management.
3.	Department Of Textiles & Clothing	➤ Department of Textiles & Apparel Designing proposes to consider introducing ‘ Knitting ’ and ‘ Garment Grading ’ as value added course.	✓ Not achieved yet.
4.	Department of Family Resource Management :	<ul style="list-style-type: none"> ✓ Ergonomics seminar is being planned for February, 2009. ✓ Efforts to invite more organizations for conducting campus interview is another futuristic goal of the college. 	✓ Could not be planned this year
5.	Department of Communication and Extension :	<ul style="list-style-type: none"> ✓ Photo Competition Exhibition On The Elderly ✓ Advertising Campaign On (a)Elderly (b) S.V.T Golden Jubilee ✓ Brochure and pamphlets on the elderly 	<ul style="list-style-type: none"> ➤ Photo Competition Exhibition On The Elderly ➤ Photo Exhibition for ‘Multi- Disciplinary Approach to Healthy and Participatory Ageing’ – International seminar on 22, 23 & 24 Jan’09
6.	Department of Human Development	<ul style="list-style-type: none"> ✓ Department of Human Development will utilize computer technology to create posters and Teaching Aids and train students accordingly. ✓ Plans to complete two 	<ul style="list-style-type: none"> ✓ The students prepared posters on corel draw for sensitization of the public on different topics related to the needs of the handicapped children ➤ This publication has been printed under the

		<p>publications of the department – one “Directory on counseling centers” and the other on “How to be a Effective Parent”.</p> <p>✓ Have a workshop on “Mind-Mapping” as a Continuing-Lecture Series for the students and alumni of Human Development Department.</p>	<p>community outreach program “How to be a Effective Parent”.</p> <p>➤ The Directory is at the level of proof reading for printing.</p> <p>➤ This workshop could not be planned, but instead 2 departmental community outreach seminar on Alzheimer and old age was planned.</p>
7.	Department of Composite Home Science		
8.	Publicity Committee	<p>✓ To bring about a tangible positive difference in the enrollment in Home Science at Junior College & Senior College level.</p> <p><u>Objectives:</u></p> <p>1. To continue the efforts to disseminate information about college through printed brochures / promo film/ media/ exhibitions etc. in an effort to bring about a tangible difference in the enrolment in Home Science at Junior college & Senior College level</p> <p>2. To disseminate information about the college thro’ various media – newspapers/magazines/radio/ Promo film/cable channel etc</p>	<p>✓ First academic exhibition was held on 13th and 14th of August, 2008 . 640 school students shown the SVT promo film coupled with an interactive session and personalized detailing on the academic display by departmental representatives</p> <p>✓ Various staff members also conducted career orientation programs about Home Science & SVT in different schools in Mumbai & Vapi</p> <p>✓ An open forum / free seminar was organised on 18th April 2009 for students and parents of 10th and 12th grade students and parents. A group of students and their parents attended the seminar.</p> <p>✓ Dr Jagmeet Madan, featured in a programme called Cracking Careers hosted by UTV the business news channel launched by UTV network on 16th of</p>

		3. To initiate efforts to update SVT website & SNTD website with latest information.	November, 2008 where she was interviewed for Careers in Home Science ✓ SVT Website has been updated to include the newer courses and subjects as per the restructured syllabus.
9.	Student Welfare Committee	✓ Organize open houses for parents of students ✓ Work on providing Student insurance	✓ A Open house was organized in August 2007 for the parents of F.Y.BSC and S.Y.Bsc. students ✓ SPOKEN ENGLISH CLASS was also initiated for the interested students. ✓ Student insurance has not been initiated this year
10.	Research Committee	✓ To encourage teaching faculty to undertake research projects (minor & major)	✓ Efforts were taken to encourage teaching faculty to undertake research projects (minor & major). Information about the research scholarships available was made accessible to the staff. ✓ 3 departments- Human Development, Textiles & \Clothing, Family Resource Management undertook small research projects related to the elderly this year.
11.	Committee for Self-financing Courses	✓ To review the number & quality of the self-financing courses offered by different departments	✓ Various meetings were held through the year to review the standards for the different departments. Efforts were taken to modify the remuneration given to the visiting faculty for the different courses
12.	Peer Evaluation Committee	✓ Implement the 'Peer Evaluation' in this academic year for the faculty of college on a voluntary basis.	✓ Peer evaluation for 7 senior staff members was initiated. The evaluation was handed over to the staff with due

			<p>consideration to the confidentiality matters.</p> <p>✓ The form of Peer evaluation for another 5 senior staff members was filled up by the staff. These forms have been given to the statistician for coding.</p>
13.	Examination Committee	<p>✓ Examination Orientation for F.Y.BSc. students</p> <p>✓ Computerised Record of short attendance for both semesters</p> <p>✓ On line Exams. (Unit Test – I) by 2 departments. (For S.Y.B.H.Sc. Specialization subject).</p>	<p>✓ Class-wise orientation was conducted by the teachers for the students of all the F.Y. BSc.</p> <p>✓ Efforts were initiated to generate a attendance defaulter list through computerization, but the effort was only partially successful due to technological problems and implementation problems</p> <p>✓ Online exams could not be initiated this year</p> <p>✓ But various teachers initiated giving online practices tests in various subjects to the students.</p>
14.	Library	<p>✓ To provide a link to the library catalogue from the college Website.</p>	<p>✓ A link has been created from all the departmental computers to the library catalogue</p>

Part B:

1. Activities reflecting the goals and objectives of the institution

Many of the departmental activities reflect the goals and objectives of the institution. To develop scientific attitude amongst students a workshop on data entry & use of SPSS package

was organized. The practical experience gained by the students was applied to analyze data of two surveys.

i) Assessment of Nutritional Status of Adolescent girls.

ii) Breakfast consumption pattern of school going children. It may be mentioned that the survey's were conducted by the T.Y. students as a part of their Community Nutrition practicals.

-To sensitize students to social issues. T.Y. applied Nutrition Students were taken to Balkaniji Bari, Santacruz (W) & to Urban Community Development Centre, Bandra (W) for Nutrition Appraisal of pre-school children. A talk by Mrs. Lara Shanker, Manager CRY, was organized for SY Students. Focus group discussion & personal interviews were conducted on 19.03.09. Twelve SY Students were selected & will be working with CRY representatives for 6 weeks during May, 2009.



T.Y. Applied Nutrition student assessing the anthropometric status of children at Balkanji Bari, Santacruz.

2. New academic programmes (UG and PG)

In Textiles and Human Development department, many subject at S.Y. level was offered in June 2008 as part of the newly restructured 66 credit course. Some of the subjects introduced were

- Computer-aided teaching
- Psychology of Teaching & Learning

In the department of Communication & Extension, a three day certificate course on 'video production' on Nov 11th, 12th, 14th 2008 has conducted.

FRM department is offering an add-on course. The department offers a one year diploma in 'Travel & Tourism'. The eligibility is H.S.C. During the orientation programme the FY students are introduced to this concept of getting a degree and diploma at the end of third year. Hospitality Management students can take a few additional courses in SY and in TY. They also have to go for 12 weeks of internship. (6+6 weeks).

3. Innovations in curricular design & transaction

In the department of Communication & Extension, credits were increased for some of the existing courses. In the T.Y. course 'Writing for Media' more emphasis was given to the articles written by individual student rather than on the layout of magazines produced by students.

In the subject of 'Entrepreneurship Development' as part of developing their entrepreneurship skill, student of T.Y. (Div IV vocation) took up a project wherein they photographed the S.V.T students on saree day, gave the photo professional touchup under 'Photoshop' software and charged for the product.

Content analysis was done for Human Nutrition II., Basic Pattern Making and Psychology of Teaching & Learning, Developmentally appropriate Curriculum for Young Children, Apparel Construction & Apparel Planning for family.

In the department of Human Development, a new subject of "Psychology of Teaching & Learning" (3 credits of theory) was introduced for the second year students of the department. Another subject which was newly introduced was "Developmentally appropriate curriculum for Young Children" Part I and Part II (theory and practicals).

During the educational tour for the FRM department students, Assignments are planned for both the specialization groups depending on the itinerary. The students do the assignment partly while on the tour and partly on returning and submit it to the concerned teachers. This work is displayed during the annual exhibition "Nirmitee".

In the department of Family & Resource Management, a dress code for students was introduced as per the requirement of the hospitality industry (sari / formals). For most of the practicals students were asked to give small presentations, either individually or in groups, so that they develop their communication skills and improve their confidence level.

A project work on Mushroom has been conducted by Dr. Tripathi & Mrs. Varsha of the department of Science, in the subject Applied Biology subject. Students of FYBHSc C&D displayed the photographs with important information on the project- "Types of mushrooms i.e Medicinal mushrooms, Edible mushrooms & poisonous mushrooms. A display of Types of Mushrooms was initiated by the department.

4. Interdisciplinary programmes started:

This year the International Conference on "Multidisciplinary Approach to Healthy & Participatory Ageing" was planned with the interdisciplinary efforts of all the departments of the college i.e. Though there were a few plenary sessions for this conference, everyday there were parallel sessions planned by all the five departments during this three-day conference.

5. Examination reforms implemented:

- a) Basic Nutrition(Practical) - Reforms made to include application type of

questions to discourage rote learning of nutritive value of different foods.

- b) Nutritional Biochemistry - More weightage to be given to accuracy & interpretation in quantitative estimations.

Online assignment in the form of quiz were given to students in various subjects by the teachers as a practice for the students. For e.g. in the subjects of “Counseling – a Developmental Approach” and “Nutrition”

Making of question banks for the subjects of Human Physiology and Applied Chemistry which was made available on SVT website by Dr. Harshita Varshney.

6. Number of candidates qualified during this academic year : NET/SET

None this year

7. Total number of seminars/workshops conducted:

A. SEMINARS ORGANIZED

S. No.	Title	Guest speakers	Date	Participants	Other information
1.	Seminar on “Opportunities The climb In the travel industry”	Six Speakers from the industry	Nov. 19 th 2008	Students from different colleges of SNDT Univ. and Garware Institute	It was a huge success
2.	Career Guidance	Mrs. Archana Bhatnagar, Mrs. Manjushree Desai, Mr. Ashish Nimbkar, Miss Pallavi Srivastav, Mrs. Delnaz Umrikar	Feb. 18 th 2009	TYA	<ul style="list-style-type: none"> ▪ M.Sc. & PG courses. ▪ Interior Designing ▪ Tour Management ▪ Online Ticketing outsourcing, Sales Department of Hotels ▪ Importance of IATA & CRS.

DEPARTMENT OF COMMUNICATION AND EXTENSION:

Sr. No.	Title	Guest speaker	Date	Participants	Other information
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1.	Opportunities for higher learning and career.	<p>Mr. Mathew Thottungal Executive Editor Smart</p> <p>Ms. Nupur Bhargav. Assitant Recordist Aradhana studio.</p> <p>Mrs.Ashwini Rumde, senior manager, Trivedi Consultant.</p> <p>Ms.Shabeena Khan, Client Servicing, Percept advertising.</p> <p>Mrs.Preshita Kuwalekar, Junior Brand Manager, J.W.S. Steel Private Ltd.</p> <p>Ms.Debjani Roy Chowdhary, youth Try Foundation</p> <p>Ms. Sujata Jain, Executive, In Search Firm and Part time Radio Jockey in A.I.R, FM- 107.1 RAINBOW.</p> <p>Mrs. Chitra Vadke, Professor in Education Technology.</p>	21/2/09	T.Y.D-III T.Y.D-IV	<p>He spoke on careers available in the field of photography.</p> <p>She spoke on current developments in the field of sound and also outlined a whole lot of creative opportunities and career in sound.</p> <p>She spoke on the scholarships and the facilities available to study abroad.</p> <p>She spoke on skills and careers in the field of client servicing and public relation.</p> <p>She shared her experiences in careers in Public Relation.</p> <p>She highlighted the importance of extension field and careers related to N.G.O's and Corporates.</p> <p>She spoke on careers related to radio.</p> <p>Spoke on careers in the field of education technology.</p>
2.	Radio Drama	Neeta Upadhaya		S.Y. D-III S.Y. D-IV	Students were informed about the essentials of writing scripts and formats approved by 'All India Radio'. The Programme was a

					great success as students got detailed information about their future career.
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DEPARTMENT OF TEXTILES AND APPAREL DESIGNING:

Sr.No.	Title of the seminar	Date	Participants
1.	Stitching of gent's shirt	9/8/08	S.Y.
2.	Velvet embroidery .	13/8/08	S.Y, T.Y
3.	Fancy Machine Stitches	23/8/08	S.Y
4.	Pipli Art	9/9/08	T.Y
5.	Fabric Painting	10/2/09	T.Y
6.	Textures on Printed fabric	8/1/09	S.Y



Stitching of gent's shirt by a professional tailor Mr. Dhananjay



Work shop on Fancy Machine stitches by A sewing machine master- Mr. Pednekar
A student working on fancy machine stitches

Exhibition organized:

S.N	Theme	Date	Students	Teacher –	Other
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o.				in- charge	information
1.	Photography exhibition- LIFE OF ELDERLY PEOPLE <ul style="list-style-type: none"> ▪ Emotion / Moods of Elderly ▪ Elderly and their bondings / Families and society ▪ My perspectives of Elderly ▪ Services rendered by the society 	18 th & 19 th dec'08	Open for the students of colleges and amateur photographers	Mr. Shrivastava	<p>This competition was followed by exhibition. The competition was judged by photo journalist Mr. M. Thottungal, online editor, Smart Photography and Ian Pereira, an expert in the fields of stilllife, industrial people and Interior Photography.</p> <p>The Photography was a great success. The programme was co-ordinated by Mrs. Kamini Pradhan.</p>

B. WORKSHOPS ORGANIZED

DEPARTMENT OF HUMAN DEVELOPMENT:

S.No	Title of the workshop	Resource Person	Date	Participants
1.	Puppet Making	Mrs. Yasmin Shroff	17 th Dec, 18 th Dec, 24 th Dec' 08	S.Y.B.H.Sc- C-II
2.	Play therapy- Case discussions	Dr. Bharati Chawate	26 th Feb., 2009	T.Y. BHSc. C I

DEPARTMENT OF FOODS & NUTRITION

1. Workshop on "Cake Icing" held on 28.09.08, 30.03.09 by Ms. Rachana Moghe, Bakery – Confectionary program Co-ordinator, Thinc. The International College, Xaviers Technical Institute _ For TY. B. Sc. Students.

2. Workshop – “Tube Feeding” held on 21.02.2009 by Ms. Salome Benjamin at BYL Nair Hospital, Mumbai – for TY B. Sc. Students.
3. Workshop – “VO2 Max Measurement” held on 19.03.2009 by Dr. Manjit Chauhan, Faculty, SVT College of Home Science, SNDT University, Mumbai – for TY Students.
4. Workshop / Lecture – Fitness Assessment Protocols held on 14.02.2009 by Dr. Rauf Iqbal, NITIE, for TY Students.



5. Workshop – Career Guidance held on 25.02.2009
Speakers : Ms. Meenakshi Goel, YUVA, an NGO
Ms. M. Trivedi, Kelloggs, India
Ms. Ekta Vora, Clinical Dietecian
Ms. Jigna Sheth, General Manager, Talwalkars
Ms. Karishma Captain, British Council.

6. Workshop – Research Methodology & Statistics held during 23rd April to 25th April for SY Students

DEPARTMENT OF COMMUNICATION AND EXTENSION

Sr.No.	Titles	Guest speakers	Date	Participants	Other information
1.	Video Film Production	Mr. Prashant Sonow-person camera Dept. of media for children S.N.D.T Pune	1 st & 2 nd Aug'08	T.Y.D-IV (VOC)	Script for films. Camera training.
2.	Puppet Making	Saba Bandula	7 th Jan	F.Y.A&B	The students were

			2009		taught making puppets, scripting and manipulation of puppets. The students were divided into groups and each group came forward and presented a puppet show in after the workshop was over, suggestions were given to them by the expert.
3.	Video production	Mr. Prashant Sonawane, Dept. of Media and communication, S.N.D.T Women's University, Pune.	10 th , 11 th , 14 th nov'08	T.YD-III	It was well appreciated and received by the students. The students were given certificates of participation.
4.	Street play as a medium of Personality Development	Mrs.vipra banerjee & Mrs. Aasia Radiowala	22 nd & 23 rd nov'08	The adolescent girls from the NGO Udaan (Thane)	
5.	Creative writing skills for television and films	The half day workshop was conducted by National Award Winner Mrs. Shrabani Deodhar	17/03/09	T.Y batch of communication & extension.	.



The Ty DIII students visiting Udaan - festival on Environment by CMC.



TyDIII discuss the script for presenting at the workshop

DEPARTMENT OF FAMILY RESOURCE MANAGEMENT:

As per the restructured syllabus new subject " Introduction to Hospitality Industry" is introduced to S.Y.A. I (Hospitality) & S.Y.B. III (Composite Home Science) students. The following demonstrations /workshops were organized.



Colour rendering demonstrations on
25th July 08



Set designing competition
Theme: Political Kata

Sr. No.	Title	Guest speaker	Date	Students	Other information
1.	Rendering and presentation	Mr. Sunil Mistry	Nov. 12 th & 14 th , 08	T.Y A-I	Demo & Assignment
2.	Add On and excursion fares – Calculation & Ticketing	Mrs. Delnaz Umrigar	Nov. 10 th to 14 th	T.Y A-II	Demo & Assignment
3.	Personal Grooming & saree draping	Mrs. Shravani Deshpande	Dec. 16 th , 08	S.Y A I	Interactive session
4.	Flower Arrangement	Mrs. Chetana Raje	Jan. 13 th , 09	S.Y.A-I	Lecture- cum-demonstration
5.	Housekeeping craft-table etiquettes	Mr. Sanjit Keskar	Feb. 14 th , 09	SYAI	Demonstration
6.	Vegetable Carving	Mr. feroz Khan	March 7 th , 09	SYAI	Lecture- cum-demonstration and assignment
7.	Computerised Reservation-Amadeus Course	Mrs. Delnaz Umrigar	April 24 th to 30 th , '09	TY.A- II & Diploma Travel & Tourism	Six days course to give our children practical knowledge essential for internship in a travel agency.

Guest Lectures Organized

S. No.	Topic	Guest Speaker	Date	Participants
1.	Juvenile Diabetes	Dr. Manoj Bhatawdekar	23 rd Dec'08	S.Y.B.H.Sc-C
2.	Ethical concerns of research with infants	Dr. Jessica Heineman-Pieper, Ph.D. Assistant Professor George Mason University School of Public	15 th Jan '09	T.Y.BHSc. C

		Policy 3401 Fairfax Dr., MS-3B1 Arlington, VA 22201		
3.	Educational Objective	Dr.Jayshree Shinde	30 th Jan '09	S.Y.B.H.Sc & T.Y.B.H.Sc- C
4.	Prevention of Sexual Child Abuse	Mrs. Pushpa Venkatraman	27 th Feb. '09	T.Y.B.H.Sc- C
5.	A.D.H.D	Mrs.Anuradha Patpatia	2 nd Mar. '09	S.Y.B.H.Sc- C
6.	Demonstration of Bender Visual Motor Gestalt Test	Mrs. Rhonda Divecha	12 th Mar. '09	S.Y.B.H.Sc- C I
7.	Support group for parents on verge of Divorce	Mr. Jon Davis Chief Executive, London based NGO - Families Need Fathers	13 th Mar. '09	T.Y.B.H.Sc- C-I
8.	Informal Assessment of Reading Ability	Ms.Veena Basu	20 th Mar'09	S.Y.B.H.Sc- C I
9	Breast Feeding	Ms. Noronha	20 th Aug '08	
10	“Disciplining young children”	Mrs. Shobha Bharat	12 th Sep'08	F.Y.B.H.Sc C & D

Department of Science

S.No.	Topic	Guest Speaker	Date	Participants
1	Waste management and Vermicomposting	Mr. Ramanand Kotwa	30 th July 2008	F.YBHSC A&B
2.	Disaster Management	Mr.Sanjivan Joshi	16.04.09	F.Y.BHSc C&D

DEPARTMENT OF COMMUNICATION AND EXTENSION:

Lecture on - Fitness Assessment Protocols By Dr Rauf Iqbal, Asst Professor
National Institute of Industrial Engineering for TY students



**28th April, 2009- Extension Activity-Food Adulteration
For non-teaching staff, teaching staff & students**

Continuing Lecture series organized by different departments

As a part of the **Continuing Lecture Series**, the Department of Human Development planned the first lecture on "**MindMapping**" for the S.Y.BSc.C, T.Y.BSc. C and the departmental staff. Br. John Steinmayer, with 55 years of experience of teaching conducted a workshop on **MindMapping** on 30th August, 2009.

Dept of Food Science & Nutrition - Continuing Lecture Series

1. Quantity Food Service Establishments – Types & Menu Planning : Ms. Anuradha Ramesh, Hospitality Coordinator, The International College, Xaviers Technicals Institute, Mumbai, 5th July, 2008, for TY (Dietetics) students.
2. Acid Base Balance : Dr. J. Ramaswamy, HOD (Retd.) Department of Food & Nutrition SVT College of Home Science 19th Sept. 2008 for TY Students.
3. Management of Bariatric Surgery : Ms. Payal Batra, Dietecian, Hiranandani Hospital, Mumbai, 18th July, 2008 for TY Students (Applied Nutrition).
4. Diet Counselling : Ms. Payal Chabria, Consultant dietician; 18th July, 2008, for TY Students.
5. Profiling & Planning Diets for different category of Sports person : Ms. Gouri Moorthy, Nutritionist, K-11 gym, Mumbai, 15th & 22nd Dec., 2008 for TY Students.
6. Nutritional Requirements During Respiratory Diseases : Ms. Ekta Vora Diet Consultant, 15th Jan. 2009, TY Students (Dietetics).
7. Nutrition Care After Gastric / Bariatric Surgery : Ms. Sneha Jain, Bariatric Dietician, Hiranandani / Saifee Hospital, 5th Feb., 2009, TY Students (Dietetics).

8. Common Sports Injuries & First Aid : Mr. Aijaz Ashai, Head, Physiotherapy department, Saifee Hospital, Mumbai, 11th Feb. 2009, for TY Students.
9. Vaccines – Basics + Advances : Dr. Arpita Thakkar, Lecturer, Division of Pediatrics Neurology, Dept. of Pediatrics, LTMG Hospital, Mumbai. 13th March, 2009 for TY Students. (Dietetics).
10. Financial Management : Mrs. Anuradha Ramesh, Hospitality Co-ordinator, The International College, Xaviers Institute 12th March, 2009 for TY Students (Dietetics).
11. Nutrition for Preterm Infants : Ms. Neha Sanwalka, Pediatric Nutritionist, Jehanger Hospital, Poona 13th March, 2009 for TY Students (Applied Nutrition).
12. Writing for Media : Dr. Mala Pandurang, HOD/ Reader Dept. of English, BMN College, Mumbai, 26th March, 2009 for TY Students.
13. Importance of Breast Feeding: Dr. Armedia Fernandes Ex. Dean, LTMG Hospital, SION, Mumbai. 20th Aug., 2009 for SY Students.



Lecture on Food Microbiology by Mr. Srihutti

Sr.No	Department	Lectures	Date	Speakers	Specific title of talk
1.	Dept. of Composite Home science	TYBHSc BIII, DIII, DIV	25 July 2008, 26 th Sept'08	Mr. Sunil Mistry Mr. Nishit Kumar	Rendering and presentation techniques Advertising
		TYBHSc BIII	16 th Dec'08	Mrs. Shravani Deshpande	Saree Draping and Makeup
			23 rd Dec'08	Mrs. Vidya Thakur	Wardrobe planning
			13 th Jan'09	Mrs. Chetana Raje	Flower arrangement
			14 th Feb '09	Mr. Sanjit keskar	Table etiquettes
			7 th march'09	Mr. Feroz Khan	Vegetable carving

8. Details of Research projects of the department.

Ms. Neera Barooah from the Textiles Department completed the UGC- Minor study of “Physical parameters of Muga silk yarn for product development and product diversification.”.

Dr. Suja Koshy & Mrs. Mamta D’Souza conducted a study on “Effectiveness of a curricular model on changing the perceptions of Adolescents towards the elderly”.

Mrs. Archana Jain conducted a study on “Nature and Challenges in caring for the elderly in the Indian Family Context.”

9. Patents generated, if any:

-Nil-

10. New collaborative research programmes (details):

- a) Project MARG : The Path (Medical Education for children / adolescents for Realistic prevention of obesity & Diabetes & for Healthy Ageing) in Collaboration with Diabetes Foundation of India, New Delhi. Principal Investigator – Dr. J. Madan, Co-Investigator – Ms. M. Nigudkar.

- b) Nutritional Appraisal of CKD patients on Maintenance hemodialysis – a collaborative research project with Dr. Billa Nephrologist, Bombay Hospital –
Co-Investigator : Dr. Vandana Bambawale.

As an extension of the collaboration with different schools in the department of Human Development, Mrs. Bharati Goswami was invited to address parents of children from pre primary section of “Dahisar Vidya Mandir” on 17th Aug. 08. There was a group of 250 parents who were quite interactive. Dr. Suja Koshy was also invited to address a parent group of Jasudben School on “Challenges of Parenting in the Digital Age” where parents of 5th and 6th std children were the audience.

11. Total research grants received from various agencies:

Sr.No.	Title of Minor research project	Staff working on it	Sanctioned on
1.	Study of physical parameters of Muga silk yarn for product development & product diversification.	Neera Barooah	2007- June

12. Number of research scholars:

NA as our college is an undergraduate college

13. Citation index of faculty members and impact factor: NA

14. Honors/ awards to the faculty:

The faculty of the different departments have contributed to the community by being resource persons for various organizations.

15. Internal resources generated:

Dept. of Food & Nutrition

Sale of Food Items – Rs. 14,042.00

(As a part of Qty. Food Prod. & Food Preservation Practicals)

Sale of Educational Material – Rs. 14,136.00

Dept. of Textiles & Designing :-

Dept. of Communication & Extension

Practicals ‘Entrepreneurship Development’. (photographs were clicked and printed for college students) - Profit :- rs.677/-

Certificate course in photography:-

Total income for the year 2008-2009- 1,01,000.00

Department of Family Resource Management

1. Nirmiti Annual Exhibition – Profit Rs. 3500
2. Interior Space management & designing & Diploma in Travel & Tourism – from A/c Dept.

16. Details of departments getting SAP, COSIST / DST. FIST, etc. assistance / recognition. : NA

17. Community services:

As a part of Community Outreach Program , a seminar on “**Successful Ageing –Four Critical Adaptation Areas**” was conducted by the department of Human Development on 19th Jan’09. Dr. Peter Martin, Director, Gerontology program ,Iowa State University conducted the session. The second year students from the Human development and Composite Home science department along with a few staff and around 15 people from the community attended and benefited from the same.

Another Community Outreach Program, was organized on “**Music Therapy & its effects for Autistic children**” on 17th March 2009. Dr. Margaret Lobo, Director, founder and director of the Otakar Kraus Music Trust, a UK registered charity was the resource person for this session. A powerpoint presentation and different videos of the music therapy sessions used with autistic children enhanced the discussions of the session. The audience for this consisted of our final year students, counselors from schools and community, and a few staff from other Human Development departments of SNDT University.

Extension activities

The department of Human Development conducted different workshops for children from different schools this term.

The following sensitization workshops were conducted at Jasudben School, Khar for the 6th std. children on 6th & 9th of February, 2009:

1. Understanding children who are different
2. Children who work
3. Children who are on the street

The following workshops were conducted for the 5th & 6th std. children of Witty School International School, Malad on 28th February, 2009.

1. Enhance your Emotional Intelligence
2. Electronic Addiction
3. Developing Social Skills

All these extension activities were conducted with many skits, roleplays, games, worksheets, showing of videos and powerpoint presentation.

The department has undertaken a **“Teacher Enrichment Program”** for 23 teachers of Fidai School , Andheri from 4th April to 5th May’09. This program consists of 50 hours of intensive exposure to various relevant topics ranging from Ideal qualities of teachers , innovative teaching techniques, handling behaviour problems of children etc. The methodology for the same consists of lectures, discussions , role-plays etc

Many community services were also planned by the **NSS unit of the college**. The details of the same as follows:

N.S.S. Report of the 1st term of the academic year 2008-2009. - The activities for the academic year 2008-2009 started with enrollment drive and about 140 students from all six Departments enrolled as N.S.S. Volunteer.

1. On 5th July’ 2008, N.S.S. committee celebrated S.N.D.T. Women’s University’s ‘Founder’s Day’ by tree plantation in the S.N.D.T. Juhu campus. On that day about 150 saplings were planted.
2. On 11th July’2008, ‘World Population Day’ was observed in collaboration with Comm. & Ext. Department by Poster and ‘Street play’ presentation.
3. As part of ‘Health Camp’ N.S.S. Committee conducted ‘Dental Check up Camp’ and ‘Eye Check up camp’ on August and 21st September respectively. Total about 200 students and staff members availed the facilities offered in these camps.
4. N.S.S. Committee celebrated ‘National Consumers Rights Day’ on 17th & 18th December, 2008. Volunteers from FRM Dept. participated in this activity by presenting Charts and Posters to create awareness amongst students and staff members of our college regarding significance of this day.
5. N.S.S. volunteers from FSN Dept. participated as volunteer in various activities conducted by ‘Narmada Kidney Foundation’ throughout the term such as creating awareness about kidney transplant, celebration of ‘World kidney Day’ etc.
6. N.S.S. Committee organized one day workshop on ‘Self Defense and Disaster Preparedness’ 5th February,2009 in collaboration with the Dept. of Law, university of Mumbai. The Chief guest for the workshop was Pro-Vice-Chancellor of Mumbai University Dr. A.D. Sawant. Experts from Civil Defense, Air India dealt with various topics like Terrorist activities and Disaster Preparedness, Fire Prevention, Self Defense in Floods, Volunteerism, Golden Rules of First Aid, Emergency methods of Removing Casualties, Self Rescue etc. About 200 students and staff members actively participated in the workshop which was a great success.
7. Staff member and volunteers of Human Development Dept. conducted a ‘Puppet Show’ on 17th March, 2009 in the Mangalwadi slum for children of the age group ranging from 4 years to 12 years to create regarding environment cleanliness, non-violence, etc.
8. N.S.S. Volunteers of raised fund of Rs. 15,000/- for ‘Alert India’ , NGO, working for leprosy patients.

9. N.S.S. Committee carried out a donation drive for S.V.T. College's Golden jubilee year's Social Commitment to the Society by raising fund. Rs. 8673.00 was collected through this drive which was donated to the 'Society for the Education of the Crippled'. This activity was conducted by the volunteers of FRM Dept.

Following Community nutrition education programmes / demonstrations were conducted by TY Applied Nutrition students.

- "Diet tips for Executives" at International Flavors & Fragrances, Powai, 29th Aug. 2008.
 - "Diet for Diabetics" at St. Antony's School for teachers, parents & Students, 13th Sept. 2008.
 - "Weight Management" at Lioness Club, Goregaon (W), 30th Aug. 2008.
- b) Nutrition Appraisal of children under five years age at Urban Child Development Centre, Bandra By TY applied Nutrition Students under the guidance of Ms. Nigudkar & Dr. Bambawale.
- c) Nutrition appraisal of Children under five years of age at Balkanji Bari, Santacruz (W), conducted by TY applied Nutrition Students under the guidance of Ms. Nigudkar & Dr. Bambawale.
- d) Street play on "Quantity & Quality of Fats" to school children of St. Joseph's High School, Bandra (W), Mumbai, on 27th Feb., 2009. Conducted by TY applied Nutrition & PGCND (Sem II) Students.
- e) S. Y. and T. Y. F.S.N. NSS students volunteered for Narmada Kidney Foundation activities on 27th July, 2008 and 19th October 2008 and received certificates of appreciation for the same.
- f) Students participated as volunteers in Transplant games for Renal transport patients organized by Narmada Kidney Foundation on 25th December, 2008.
- g) S. Y. and T. Y. F.S.N. students collected donations of Rs. 4000/- for Leprosy patients through a fund raising activity organized by an NGO – ALERT India.

Dept. of textiles and apparel designing:

Mrs. Neera Barooah & Mrs. Vidya Thakur are in the process of preparing a manual in Marathi on 'Family clothing' for women from under privileged community.

Dept. of communication & extension:-

The students of S.Y.B.H.S.c D-III (Group I) conducted Non- Formal Education Classes for women and children from mangalwadi slum located near the college and taught them spoken English and skills like embroidery and Mehendi, and also organized for them awareness lectures on health and hygiene , value education, etc.

The second group of S.Y.B.H.S.C, D-III, conducted remedial classes for secondary and primary section of Tata Compound Municipal School, located at Andheri west. They took remedial classes on their course lessons in the subjects of English, spoken and written. They also took value education lectures, on honesty, punctuality, cleanliness, etc.

This practical was conducted for the subject non- formal Education from 15th July to 11th September 2008 under the guidance of the practical teachers. There was a substantial Improvement in the levels of knowledge acquired by the learning group when measured from the entry level to the exit level.

RURAL AND URBAN DEVELOPMENT WORK:

SAKWAR VILLAGE: This village is adopted by Ramkrishna Mission, Math. The department collaborated with the math to carry activities for rural development programme. The T.Y.DIII students went every Sunday to sakwar village which is 82kms away from Mumbai, from 14th December to 15th March 2009.

The activities conducted at BALWADI were:

- value education
- Art and Craft activities
- Story telling
- Teaching importance of different festivals followed by celebrations
- Yoga and meditation
- Poems
- Working in hospitals:
Packing of medicines
Helping in distribution of Supplementary foods.
- **MANGALWADI SLUM COMMUNITY:**
Thee students of T.Y.DIII, visited this community every Thursday from 2:00pm to 4:30pm, from Jan 8th to March 28th, 2009. The following activities were conducted:

Age-Group	Activities
1) 4yrs-8yrs (10-15 students)	Alphabets and colouring painting, nursery rhymes.
2) 8yrs-12yrs (15-20 students)	Art and craft activities, greeting cards, lantern, holder, photo frame, finger puppets.
3) 12yrs-35yrs (10-15 students)	Income generating skill like mehandi.
4) 15yrs-35yrs (10-15 students)	Income generating skills like bracelet making, soft toy, crochet making, origami, flower making.

On the first and last day puppet show was organized by the students on value education,(importance of honesty and discipline) (importance of education).

As part of NSS activities FRM teachers & students collected donations for Alert India (Leprosy)

18. Number of teachers and officers newly recruited-two

Re-appointed		Newly appointed		
Teaching	Nonteaching	Teaching	Non-teaching	Leave vacancy
FRM - 1		1		
HD - 3		FRM -1		-
FSN - 3		English- 2		
Comm Ext- 2				

19. Teaching - Non-teaching staff ratio :

The teaching –non-teaching ratio is 40:33

20. Improvements in the library services:

Numerous books and journals have been added in the library. Facility of Online browsing of books is made available to the students and the staff. The students and staff are able to find out online if the book that they are interested in borrowing from the library is available or issued out.

21. Number of new books/journals subscribed and their value:

Statistics for the period 1st June 2008 to 30th April 2009

New books added	197
New CD-ROMs added	1
New VCDs added:	3
New serials subscribed:	1

Statistics for the period 1st June 2008 to 30th April 2009

Sr. No.	Item	Amount Rs.
1	Books & VCDs	2,15,487
2	Serials (journals, newspapers & magazines)	28,954
	TOTAL	2,44,441

22. Number of courses for which student assessment of teachers is introduced and the action taken on student feedback.

The Teacher Assessment was done for three departments this year.

23. Unit cost of education:

The unit cost of education per student excluding salary : Rs. 7,739

The unit cost of education per student including salary : Rs. 34,580

27. Computer and internet access and training to teachers and students:

Two days workshops on Use of computer Software & SPSS package for Data Entry, Analysis & Report writing was conducted by Mr. Sudhir Kale, Faculty of Tata Institute of Social Sciences, Deonar on 7th / 8th / 14th Feb., 2009. TY Students & Staff members – Dr. Battalwar & Dr. Jain attended the workshop.

Dr. V. Bambawale completed a course in COREL DRAW & PHOTOSHOP at the SVT Computer Centre in May – June 2008.

Sr no.	Target group	Name of the course	Previous course content	Modified course content from June 2008
1.	T.Y. Students	CATD		Photo shop
2.	TYBHSc Composite	DTP (as part of the curr old course)	DTP (as part of the curr old course)	
3.	SYBHSc Composite	Computer Application (Photo shop, flash etc) as part of the revised course effective from June 2008-2009.)		Computer Application (Photo shop, flash etc) as part of the revised course effective from June 2008-2009.)

28. Financial aid to students:

39 students from the college received freeships
14 students received scholarships

29. Activities and support from the Alumni association:

New Enrollments in the year 2008-2009 were sought through the active support of the Alumni committee members

Highlights of the year 2008-2009.

- Integration of Alumni in the Departments through: Exhibitions, Participation in Golden Jubilee Celebrations, Career Planning, Lectures, BOS, Internship and many more.
- Enrollment of very old Alumni at the time of Grand Finale Celebrations of Golden Jubilee 22nd March 2009.
T.& AD- 1.
H.D. – 4
F.N. - 3
- Donation of Rs. 25,000 to SVT from the Alumni fund on the occasion of Golden Jubilee of college.

30. Activities and support from the Parent-teacher association:

The parent teacher association meeting for the parents of F.Y. and S.Y. students was held on 7th February 2009 between 1.00 p.m. to 4.00 p.m.

Communication and Extension –

The total number of parents who attended the meeting were as follows – F.Y. – 30, S.Y. – 34

The following points were discussed in the meeting – the parent enquired about the career options, higher education programmes, students progress, attendance.

Most of the parents were concerned about the performance of their children in different subjects, regularity in attendance, assignments and future prospects of the course they were doing. A few parents had queries regarding the relevance of subjects from other specializations, felt that more time should be allotted between two submissions of assignments and amount of workload should be reduced. Two or three parents needed guidance for their children who are weak in studies, particularly grammar and spellings since they have received education from a vernacular medium in school. One suggestion given was that parents should also be invited for the career orientation programme for the students so that they can better understand the scope of each respective field of study.

Overall, the feedback from all parents was positive and they felt that such meetings are beneficial for them because they get an opportunity to interact with teachers and are abreast with the development of their children. Hence they are able to understand the routine of their children at college. Many parents said that the meeting was well organized and commented that the college has a dedicated faculty which caters to all needs of the children. They were also happy and confident about the choice of education taken up by their child.

31. Health services:

A doctor-on-call is available on campus whenever there a student or staff takes ill while in college.

32. Performance in sports activities:

Students participated in different sport activities through the year. Some of the Inter Collegiate or State Level events that they participated were Badminton, Basket Ball & Volley Ball Tournament (Details in Annexure A)

33. Incentives to outstanding sportspersons:

Ms. Apurva Surve was awarded “Outstanding Sports person 2007” award by Mumbai District Sports Association on 1st May, 2008.

She won the gold medal in Rope Mallakhamb at all India Inter University Championship 14th – 18th Nov., 2008 at Kurukshetra, Haryana.

She won Bronze medal at State level Rope Mallakhamb competition at Amravati (28-30th Nov. 2008) and Gold Medal at National level Rope Mallakhamb competition at Sangli (18 – 20th Jan. 2009).

Scholarship and financial aid is provided to students who excel in sports.

34. Student achievements and awards.

Dept. of Food Science & Nutrition

- Seven TY applied nutrition students won 2nd prize in street play competition organized by MBPC at Sion Hospital, Mumbai. This activity was a part of Breast Feeding week celebrations.
- Ms. Ekta Patel, Siddika Pandit, Khusbhu Jain, Sweta Maniar & Laxmi S. won 2nd prize at Dance Competition at SPLASH 2008.
- Ms. Ekta Patel won Miss SVT Contest – 2008.
- Ms. Ekta Patel participated in Miss. Tejaswini Contest organized by SNTD Women's University from 13-15th Jan. 2009. She won a trophy for scoring full marks at general knowledge Quiz during the contest.
- Ms. Laxmi S. won 2nd prize for singing at BROUHAHA.
- Ms. Geetika Manjrekar excelled in Solo singing & Credit _ Amongst the top twelve Contestants on a reality Show "Performer" telecast on D. D. National Gharana in Sa Re Ga Ma Pa on Zee TV; Won Third Prize in Solo singing event at Eldorado (SVT fest).

Dept. of Family Resource Management

Golden Jubilee: Poster competition - 1st Prize (Students) – Tanvi Shinde (T.Y.B.H.Sc.)
(Printed on cover page of the souvenir)
1st Prize (Teaching staff) – Mrs. Chetna Raje (Senior Lecturer)
(Printed on back cover page of the souvenir)

Slogan Writing – 2nd Prize - Pooja Kadam
3rd Prize - Aparna Malusare
SVT Quiz - 1st Prize - Dimple Arora

Splash – Intra College Competition at SVT:

Nail Art & Hair Style – 1st Prize - Tanvi Shinde

Umang – Inter College Competition in NM College of Commerce

2nd Prize Folk Dance – Alka Tiwari, Tanvi Shinde, Madhuri Berde, Atiya Shaikh along with 4 students from other departments

Malhar - Inter College Competition in St. Xavier College

2nd Prize in Red Wheel Barrow – Divisha Jadhvani, Rucha Potdar, Shraddha Mane, Rubal Tuteja, Urvashi Sathaye & Manushi Shah.

Commn & extn:

1. Ms.Nilangana Banerjee- F.Y.2007-2008- Col. Prakash award for scoring highest marks
2. Ms.Nilangana Banerjee – S.Y.Voc (Photo Sound) 2008-2009 certificate for standing first in both terms.

35. Activities of the Guidance and Counselling unit:

The following activities were the key features of the Counselling service at the SVT College of Home Science:

Individual sessions:

75 Students from Degree College, S.V.T were seen during the academic session for various concerns linked to academic, career, emotional, psychiatric, relationship and adjustment areas. The specific concerns for various areas that were handled are as follows:

- Academic/Career : Understanding and dealing with Motivation, Concentration, Learning and Memory styles, Scheduling and Prioritizing, dealing with Assignments, projects, co-ordination with teams, making presentation, handling field-work challenges, dealing with dissatisfaction with courses, making career choices, resume-writing, facing interviews.
- Emotional /Psychiatric: Self-image and self confidence, dealing with anger, insecurity, anxiety and aggression; dealing with clinical depression, anxiety disorder, suicidal ideations and attempts.
- Relationships: Dealing with dynamics operating amongst friends/ batch mates / colleagues/partner/ family members/authority figures, concerns linked to forming heterosexual relationships, dealing with challenges of long-distance relationships, relationship breakups, difficulties getting along with family members/partner, divorce.
- Adjustment: Adjusting to batch mates/roommates in hostel setups/ faculty/extended family members, cultural differences, demands of the courses taken.

Group sessions:

In the academic year, 24 sessions were held for the Degree College on various themes like Self-Awareness, Time Management, Dealing with Emotions, Team work. The aim of the same was to enable sensitivity - building amongst students with respect to aspects about themselves and their batchmates. Again the sessions were also instrumental in helping students come forth with specific points of discussion at the individual level wherein they explored upon the issues and aspects they felt keenly in terms of redressal.

36. Placement services provided to students:

Campus Interviews for TY B. Sc. Students was held on 14th March, 2009. The following held on 14th March, 2009. The following organizations participated.

- Evolve – Foothills Wellness Systems Pvt. Ltd. Mumbai.
- Fitness Factor – Kandivali, Mumbai.
- Pretti Slim Clinic, Andheri, Mumbai.
- VLCC Health Care Ltd., Khar, Mumbai.
- K-11 Gym, Santacruz, Mumbai.



TY F.S.N. STUDENTS APPEARING FOR CAMPUS INTERVIEWS

Mrs. Lara Shanker, Manager CRY interacted with SY & TY B. Sc. Students (FSN dept.) on 19th March, 2009 - conducted focus group discussions & personal interviews - 12 SY Students & 2 TY Students were selected for 6 weeks internship with CRY during May, 2009. T&D:- Most of the students get absorbed at the place of internship.

TEXTILES & APPAREL DESIGNING -

On campus interview for the placement of TYBHSc major students of year 2008- 09 (7 – 3- 2009). We approached some of the organizations from the textile field. Five of the companies came forward to take interviews, namely

Bluechip dyechem inds.

Ami Clothing

Neeta's collection

Suruchi Sarees

Lata Apparels.

Following students were selected & confirmed for the placement.

Bluechip dyechem inds. : 1.Amita Gaikwad.

2. Urvashi Damania

3. Farah Ghaswala

Neeta's Collection: ----- 1.Sabahat Tanwar.

In addition, when the different departments receive mails/ letters detailing the job opening, these are displayed as information on dept. notice board & some efforts are also made to contact past students through e-groups or emails to inform students.



Placement Interviews

37. Student Development Activities:

Ms. Dimple Chedda and Ms. Megha Savla from the department of Human Development attended the UGC sponsored 2-Day National Seminar on “Enhancing Quality in Education through Academic-Industry Synergy” on 28th and 29th August, 2008 at BMN College of Home Science, Matunga.

Ms. Megha Savla of T.Y.B.H.Sc. (Human Development) attended a psychological camp organized by Brahman Seva Samaj on 28th September’08 where about 50 special children were screened by a team of Para-professionals catering to the needs of special children. It was a sensitizing and learning experience for the student since she got an opportunity to observe the professionals interacting with the children.

Leadership Development - This year the Travel & tourism diploma students organized a seminar under the guidance of their teacher. They contacted the resource persons. Drafted and sent letters. Designed poster and banners for publicity. Worked out duty charts regarding registration, compeering, reporting etc.

Demonstration of **REVIT Computer Software** for interior designers to T.Y.(I.D.) Students. 6 day training program in AMEDIUS –Computerised reservation system used in Travel Industry for T.Y. Hospitality Management Students and Diploma in Travel & Tourism Students.

Ekta Patel participated in – Street Dance competition at MALHAR – Inter collegiate fest 8th Aug. 2008. Personality Contest at MALAHAR, VMANG, & KALIEDOSCOPE during 8 – 10th Aug. 2008, 13 – 15th Aug., 2008. 3 – 4th Sept. 2008. Personality contest at MOOD INDIGO on 11th Dec., 2008.

Lakshmi Shakarnarayan participated in Singing Competition at MALHAR, 8th Aug. 2008, duet singing at MOOD INDIGO, 11th Dec., 2008.

Ekta Patel, Tejaswi Shinde participated in the Food Beverage Quiz at MOOD INDIGO on 12th Dec., 2008.

Many students put up different cultural performance in the cultural show of MAHPA-2009 and the Golden Jubilee Finale Celebrations which were appreciated very highly by everyone. (Details of the Extracurricular Events given in Annexure B)

The T.Y. students of Department of Communication & Extension organized two day skill oriented activities namely 'Say Cheese' and 'Photo frames'. This activity was designed to enable them to utilize their skills and be prepared for their future. The students also participated in 'Rodofest' festival organized by Rotaract Club of N.M. College on 18th December 2008. The competitions comprised of modeling, fashion designing and photography.

The students of T.Y. DIII were taken for the Savitribai Phule Memorial lecture on 12th December, 2008 at Maniben Nanavati College, where members of NCERT were the speakers.

The final year students of Communication & ap department were also taken to Xavier Institute of Communication to attend lectures on Elements in Mass Media, Public Relations and Film Scene Deconstruct on 23rd March, 2009

The students also attended 'Media Covergence- Media on Move' organized by Symbiosis Institute of Mass Communication in Pune. The venue for the same was Rang Shardha, Bandra. Another event that they were taken to was for the talk on 'Digital Vs. Traditional Media' at MET College, Bandra.

The department also invited Radio- Meow 104.8 FM for auditions of Radio Jockey on the 21st of January, 2009. Many students appeared for the audition and it was a fruitful experience for the students.

37. Development programme for non-teaching staff:

-Nil-

38. Healthy practices of the institution

(a) Earn While you Learn Scheme - Under this scheme students are encouraged to become more pro-active and self reliant. Students are paid for the Typing work & library work. Rs 12 & Rs 15 per page. Many students who benefited from the scheme by undertaking typing work for the different departments. Some of the technosavvy students also earned under this scheme by preparing power-point presentations for special events of the college.

(b) Ecofriendly initiatives

- FYBHSc Students worked on an assignment on "Mushroom Cultivation" in Sept. 2008 as a part of their Applied Biology Practical.
- Students of FYBHSc. presented assignments on various topics such as eco-friendly chemicals (dyes, cosmetics, soaps & detergents), recyclable plastics, drug interactions in Sept. 2008 as a part of their Applied Chemistry Theory.
- Demonstration of waste management by Mr. Ramanand Kotwa of the NGO Garbage Concern

- Under **Project Parivartan** students of FYBHSc planned the following ecofriendly activities:
- Screening of environment-related movies (e.g. An Inconvenient Truth)
 - Making & displaying of charts & posters related to current environmental problems
 - Making of waste bins from carton boxes & collection of dry wastes from various departments of SVT College & also from other institutes throughout the campus
 - Participation in slogan –writing, skits & plays
 - Making of vase & other items of waste presenting to dignified officials
 - Orientation for cleanliness drive within the campus by Dr.Chandrakant Puri, Director of Distance Education & campus in-charge
 - Cleaning of a plot of SNTD University for tree plantation (Campus in-charge Dr. Chandrakant Puri and BMC team visiting a plot of SNTD university along with Science faculty members for the purpose of tree plantation)
 - Garbage selling and using the money earned to purchase plants
 - Plantation & tendering of saplings in SVT campus
 - Skit by FY (A&B) students demonstrating the problem of garbage in the city
 - Students converting wet garbage to vermicompost

. (c) **Student grievance/suggestions-** A box is kept for grievances and suggestions for the students and the staff. This is opened every month by the student welfare committee and efforts are made to address the different issues brought up by the students.

(d) **Field visits:** Innumerable field visits are planned for enriching the theoretical learning in the different subjects.

- a visit to Lokmanya Seva Sangh Day Care Centre for TYBHSc (composite home science) on 10th jan 2009 to observe the day care centre and understanding its functioning.
- SYBHSc Composite Home science students were taken to visit “ Kanchan Prints” a screen printing unit on 9th feb 2009.
- A visit to Tata Institute of Fundamental Research- Child Care centre on 28th feb 2009 to witness the functioning and nature of activities by day care centre.
- TYBHSc students were taken to visit Ratan Tata Institute (Garment Division) on 13th march, 2009.
- FYBHSc students were taken to see Ramkrishna Bajaj Lab S.N.DT. UNIVERSITY for the Enhancement of their Practical skills

S. No.	Name & address of the organization	Date	Students	Purpose of visit
1.	Little Sisters of the Poor & Aged, Mahakali Caves Road, Andheri (East), Mumbai-59	16th July'08	S.Y.BSc. C I & II	To sensitize the students about the needs and problems faced by the elderly.
2.	St. Anthony's Old Home	23rd July'08	S.Y.B.H.Sc C I & II	To sensitize the students about the needs and problems faced by the elderly.
3	Lokmanya Seva Sangh CGC, Parle (E)	8th June' 08	T.Y.B.H.Sc C I & II	To know about the functioning of the CGC

4	New Horizons Child Development Centre, Goregaon (E)	2nd Sep' 08	T.Y.B.H.Sc C I & II	To know about the functioning of the CGC
5	Blooming Dales Preprimary School, Khar (W).	29th Aug' 08	T.Y.B.H.Sc C I & II	To know about the functioning of the school
6	Aseema Montessori	1st Sep'08	S.Y.B.H.Sc C-II	To know about the functioning of the school
7	Utpal Sanghavi School, Juhu.	12th Sep' 08	T.Y.B.H.Sc C I & II	To know about the functioning of the school
8	Ramabai Paranjpe balmandir	18th Sep'08	S.Y.B.H.Sc C-II	To know about the functioning of the school
9	SUPPORT- Society Undertaking onus for	9 th Dec'08	T.Y.B.H.Sc- C II	To sensitize the students about the functioning of the centre and the rehabilitation of street children, specifically drug addicts.
10.	Shruti School for the Auditory impaired	15 th Dec'08	S.Y.B.H.Sc- C	To sensitize the students to the needs of children with hearing impairment.
11.	ASHRAY- Home for children affected/infected with HIV/AIDS.	16 th Dec'08	T.Y.B.H.Sc- C II	To sensitize the students about the needs of children affected/ infected with HIV/AIDS.
12	Mobile Creche	23 rd Dec'09	T.Y.B.H.Sc- C II	To observe the set-up and functioning of the creche.
13	Dilkhush Special School	11 th Feb'09	S.Y.B.H.Sc- C	To sensitize the students to the needs of children with Mental handicap.
14.	Spastic Society of India	16 th Feb'09	S.Y.B.H.Sc- C	To sensitize the students to the needs of children with Physical disabilities.
15.	NASEOH-National Society for equal opportunities for the handicapped.	19 th Feb'09	T.Y.B.H.Sc- C II	To observe the set-up and functioning of the center.
16.	Salvation Army	27 th Feb'09	T.Y.B.H.Sc- C II	To observe the set-up and functioning of the center
17.	Kilbil	5 th Mar'09	T.Y.B.H.Sc- C-II	To observe the set-up and functioning of the creche.
18.	Vatsalya Trust	6 th Mar'09	T.Y.B.H.Sc- C II	To observe the set-up and functioning of the center
19.	TIFR	28 th Mar'09	T.Y.B.H.Sc- C-II	To observe the set-up and functioning of the creche.

(e) Encourage staff development***Faculty Activities & Achievements***

Various staff members also presented papers at different seminars and conferences. Various Seminars and conferences were also attended by faculty for their own updating of knowledge in their own fields.

Staff achievements

Paper Presentations/ Staff Invited as speaker/ Any other activity of faculty

Paper presentation

S. No.	Name of the staff	Title of paper	Date	Title of Seminar / Workshop/ Conference	Venue
1	Dr. Suja Koshy	Effectiveness of a curricular model on changing the perceptions of Adolescents towards the elderly	24 th January, 2009	International Conference on “Multidisciplinary Approach to Healthy & Participatory Ageing”	ISKCON, Mumbai
2.	Mrs. Archana Jain	Nature and Challenges in caring for the elderly in the Indian Family Context.	24 th January, 2009	International Conference on “Multidisciplinary Approach to Healthy & Participatory Ageing”	ISKCON, Mumbai

1. Mrs. Armaiti Shukla, presented a paper on ‘Clothing needs of elderly Indian women suffering from arthritis’ – In International conference on ‘Multidisciplinary approach to healthy aging’ on 24th Jan, 2009 organised by S.V.T College of Home Science.
2. Mrs. Suman Mundkar, presented a paper on ‘Incontinence can be controlled’ – In International conference on ‘Multidisciplinary approach to healthy aging’ on 24th jan 2009.
3. Mrs. Neera Barooah, presented a paper on ‘ Globalisation of Muga Silk through product diversification’ – In International conference on ‘Emerging Trends In production, Processing and Utilization of Natural fibers’ on 17th April,2009, organized by Indian Society for Cotton Improvement and Indian Fiber Society.

S. No.	Name of the staff	Topic	Date	Target group	Venue
1	Archana Jain	Demonstration of DASII Test	10 th Feb’09	MSc Part I Students	Nirmala Niketan College of Home Science
2	Mrs. B. Goswamii	Suggesting changes in the existing infrastructure of the balwadi	12 th Feb’09	Staff/MSW students-TISS	UCDC
3	Archana Jain	Communicating & Managing Behaviour of Children	15 th Mar’09	Parents	Mysore Auditorium, Organized by Udaan
4	Mrs. B. Goswamii	Effective Parenting	21 st Feb’09	Parents	Madhavrao Bhagwat School

Seminar attended

INTERNATIONAL

1. International conference on “Multidisciplinary approach to healthy aging” – attended by all the SVT staff from all the departments. From 22nd- 24th Jan, 2009
2. Emerging Trends In Production, Processing And Utilization of Natural Fibers- attended by Ms. Milan Desia, Ms. Neera Barooah, Ms. Suman Mundkar on 16th to 18th April 2009 organised by Indian Society for Cotton Improvement and Indian Fiber Society.
3. Dr. Suja Koshy attended an International Symposium “Quality in Higher Education” organized by M.D. Shah Mahila College in collaboration with Dowling College, New York on 8th Jan. 2009

NATIONAL

- Dr. Meena Godhia & Dr. Suja Koshy attended a State level Conference “Academic Decentralization Through Autonomy: From theory to Practice” organized by Vaze College on 23rd Mar. 2009
- Intellectual property rights(IPR) in the emerging business environment- attended by Mrs. Armaiti Shukla, Mrs. Anju Tulshyan, Mrs. Suman Mundkar on 5th Dec. 2008, organized by SIES College of Commerce and Economics, Sion.

WORKSHOP

- Self defence and Disaster preparedness – attended by Ms. Milan Desia, Ms. Armaiti Shukla, Ms. Neera Barooah, Ms. Anju Tulshyan, Ms. Suman Mundkar, Ms. Vidya Thakur, Ms Maya Shah on 5th Feb 2009 organised by NSS unit of S.V.T College of Home Science.

S. No.	Title	Guest speakers	Date	Venue	Participants	Other information
1.	Women and Law	Advocate A.V.Nirmala	25 th June'08	S.V.T. College	Ms.Jasmeet Anand, students of various colleges of S.N.D.T. University	Organized by N.S.S. Cell and Times Centre for Youth Development & Research
2.	Special Children-Development and Education	Eminent speakers from the field of special	29 th & 30 th July'08	Shri M.D.Shah Mahila College of Arts and	Ms.Jasmeet Anand, students of various colleges of	State level Seminar sponsored by U.G.C.

		education		Commerce	S.N.D.T. University	
3	Role of NGOs in the education of out of school children.	All India Institute of Local self Govt. (organizers)	25 th Aug' 08	Govt. Guest House	Mrs. Bharati Goswami	

39. Linkages

Collaborative Research Projects

- a. Project MARG : The Path (Medical Education for children / adolescents for Realistic prevention of obesity & Diabetes & for Healthy Ageing) in Collaboration with Diabetes Foundation of India, New Delhi. Principal Investigator – Dr. J. Madan, Co-Investigator – Ms. M. Nigudkar.
- b. Nutritional Appraisal of CKD patients on Maintenance hemodialysis – a collaborative research project with Dr. Billa Nephrologist, Bombay Hospital – Co-Investigator : Dr. Vandana Bambawale.

Any other relevant information the institution wishes to add:

An UGC CPE International Conference : “**Multidisciplinary approach to Healthy & Participatory Approach (MAHPA 2009)**” was organized from 22nd – 24th Jan. 2009 wherein the participating organizations were ‘International Longevity Center India’, and ‘Helpage India” and the supporting organizations were ‘Geriatric Society of India’ and “Silver Innings’. ICMR also supported this endeavor of the college. (Details of the same in Annexure C)

A sensitization program on “**Understanding Alzheimers**” had been planned by the Department of Human Development in collaboration with Silver Inning Foundation & ARDSI Greater Mumbai Support Group on World Alzheimer’s Day (21 September) Thursday, 18th September 2008 . This program focused on strengthening the society's understanding about the disease. The theme for World Alzheimer's Day - 21 September 2008 - was 'No time to lose!'.
 The Department of Human development also organized an Exhibition on “**Understanding Juvenile Diabetes**” from 28Febth-31st Mar’09

FUTURE PLAN OF ACTION

B) INSTITUTIONAL LEVEL:-

Objectives (June 2009- April 2009)

1. To continue the efforts to disseminate information about college through printed brochures / promo film/ media/ exhibitions/ write ups in newspaper etc. in an effort to bring about a tangible difference in the enrolment in Home Science at Junior college & Senior College level.

2. To review the source of information to seek admission for new entrants to the graduate programme of SVT College.
3. To approach the counseling centers who operate in schools and colleges and feed them with information about Careers in Home Science.
4. To explore the link with website Shiksha .com and other website link to SVT website.
5. To continue efforts to update SVT website with latest information.

C) DEPARTMENTAL LEVEL Plans for 2009-2010:-

HD Department

- Departmental Seminar on “Dementia”
- Departmental Exhibition
- Workshops for adolescents & Children of the community
- Puppet Show or Fun fair for children in the community

Dept. of FRM

- Establish new linkages with the industry through field visits and guest lectures
- Renovation / rearrangement of FRM staff room
- Buying new equipments for Travel & Tourism, Hospitality Management, Ergonomics, and Household Equipments etc.
- Up gradation of reference materials & AV aids – buying international publications
- Working on Practical manuals for – Environmental Ergonomics, Introduction to Research etc.

Dept. of Textiles & Designing:- Plan to have a seminar on “ Retail Management”

Dept. of Composite Home Science - The next academic year (2009-2010) will be the first year of students graduating with the new restructured course. The revised course has a specific vocational slant and thus specific subjects exclusively for Composite Home Science have been introduced like hotel Housekeeping, and Reception. Thus we look forward to better placement/ training opportunities for the students.

Future Plans of Alumni Committee.

- More registration of Alumni.
- Immediate posting of Alumni activities on the website and online enrollments.
- Alumni Activity.

DR. SUJA KOSHY

Dr. Meena Godhia
(Principal In Charge)

Name of the Chief Co-ordinator, IQAC

Name of the Chairperson, IQAC

Signature of the Chief Co-ordinator, IQAC

Signature of the Chairperson, IQAC

ANNEXURE A

Sports Reports Sr. College Ist & IInd Term.

- Badminton Inter Class was held at Balkanji Bari.
 - 1) Urvashi Sathaye of T. Y. B. H. Sc. stood – 1st .
 - 2) Hinal Gala of T. Y. B. H. Sc. stood 2nd.
 - 3) Anisha Pullyadath of F. Y. B. H. Sc. stood 3rd.

- Sr. Inter Collegiate Basket Ball & Volley Ball Tournament was held on 19th to 21st Sep., 2008 at pune from 8 to 6 p.m.

Ten students participated in Basket Ball.

The following team list.

 - 1) Chandanbala Jain – F. Y. B. H. Sc.
 - 2) Urvashi Damania – T. Y. B. H. Sc.
 - 3) Chandrika Deora – [F.Y.B.H.Sc.](#)
 - 4) Manpreet Cheema – F. Y. B. H. Sc.
 - 5) Tejal Gawand – S. Y. B. H. Sc.
 - 6) Versha Nair – S. Y. B. H. Sc.
 - 7) Priyanka Madkaikar – F. Y. B. H. Sc.
 - 8) Namrata Jadwani – F. Y. B. H. Sc.
 - 9) Arshima Thaper – F. Y. B. H. Sc.
 - 10) Krutika Kapoor – F. Y. B. H. Sc.

- Twelve students are participated in Volley Ball.
 - 1) Bhagyashree Dukhande – F. Y. B. H. Sc.
 - 2) Pranjali Chonekar – [F.Y.B.H.Sc.](#)
 - 3) Lochan Patel – S. Y. B. H. Sc.
 - 4) Shrutti Poddar – F. Y. B. H. Sc.
 - 5) Apurva Date – [F.Y.B.H.Sc.](#)
 - 6) Trishula Jhalla – [F.Y.B.H.Sc.](#)
 - 7) Ayushi Patel – F. Y. B. H. Sc.
 - 8) Daniella Fernandes – [S.Y.B.H.Sc.](#)
 - 9) Rujuta Sule – [F.Y.B.H.Sc.](#)
 - 10) Ekta Ajugia – [F.Y.B.H.Sc.](#)
 - 11) Anisha Pullyadath – F. Y. B. H. Sc.
 - 12) Aiesha Khan – F. Y. B. H. Sc.

One Basket Ball student & one Volley Ball student are selected in Inter university level. Name the students.

1) Tejal Gawand – S. Y. B. H. Sc. – Basket Ball

2) Rujuta Sule – [F.Y.B.H.Sc.](#) – Volley Ball

- The Maharashtra State Inter University Ashwamedh sports meet 2008 at Mahatma Phule Krishi Vedyapeeth University. Rahuri from 27th November to 1st December 2008.
 - a) Tejal Gawand for Basket Ball - S. Y. B. H. Sc.
 - b) Rujuta Sule for Volley Ball - F. Y. B. H. Sc.
- Apurva Surve of S. Y. B. H. Sc. outstanding performance in Rope Mallakhamb-
 - 1) 1st position of SNTD Sr. College Rope Mallakhamb.
 - 2) Secured 1st position in Sr. Group District level college level Competition in Rope Mallakhamb & selected for zonal.
 - 3) Achieved 1st Rank. Organized by Mumbai District Mallakhamb association & selected for state level Competition.
 - 4) Inter University for 1st Rank in Rope Mallakhamb.
 - 5) SNTD University Best Rope Mallakhamb prize.
- Apurva Surve of S. Y. B. H. Sc. was declared Best Sports women of the year 2008 – 09.

Sports Prizes were given on Sports Day on 17th December, 2008 to the outstanding players.

Basket ball - Tejal Gawand - S. Y. B. H. Sc.

Volley ball - Rujuta Sule - F. Y B. H. Sc.

Badminton - Urvashi Sathaye - T. Y. B. H. Sc.

Athletics - Aiesha Khan - F. Y. B. H. Sc.

Rope Mallakhamb - Apurva Surve - S. Y. B. H. Sc.

- Lochan Patel – S. Y. B. H. Sc. attended Leadership Training Camp for sports Leaders at S.L.L. Devlali on August 14th to 18th 2008.

ANNEXURE B

Gymkhana Report 2008-09

The second term started with final stages of preparation for the mega event Eldorado 2008. The college was already dressed up for the event with promotional material, posters and an ambience which announced Eldorado with a bang. The event was planned for 29th and 30th November 2008 but due to unexpected circumstances was rescheduled to 1st and 2nd December 2008. The theme of for this years event was 'Elle's Touch of Gold '. This was in sync with our golden jubilee year celebrations.

Along with the preparations for Eldorado, the Ms. SVT preliminary rounds were conducted. This was a combination of Hat Speech, Talent round and Personal interview. Five students each from Junior and Senior college were short listed for the finals.

The stage events of Eldorado were set The competitions which had maximum response were the Performing Arts and the Fine Arts. The new competitions on the scene were Car Designing, Creative Lines, Head Gear Designing, Sudoku. Fashion Show as revived along with Model Hunt.

- Head Gear Designing : Every ruler wears a crown.
- The message is clear !!
- Suronkeliye daad dene walon ki kami nahin....
- The Model Brides

The judges for the various events were TV and media personalities like Rahul Vaidya, Anand Menon, Nakul, Suraj Thapar, Fashion Designer Archana Koccher to name a few. The sponsors for this event were MTV, Nestle, Spykar, Vanilla Star Denims, Globus, Boy London, Relish foods, Orchid Jewellery and others.

- My T- Shirt says it all...
- Spin a yarn
- Prerequisite of the Treasure Hunt
- Rajasthani Folk Dance

The students also Paying Homage to the victims of 26th November terror attack by lighting candles. The students have been very active post Eldorado, with participation in various intercollegiate competitions organised by other colleges.

- **O₂ Bhavan's College Fest and Shitij, MMK College Fest.**
- Group Dance : Aneela Bajpai, Preeti Devikar, Aditi Sane, Rubal Tuteja, Ritu Agarwal, Shrutipriya Khaitan, Aarti Gaure, Deepika Vadera. Qualified for the finals.
- Salsa Workshop : Shruti Bangera, Divisha Jadhvani
- Mehendi: Upasana Agarwal, Raheela Hasan
- Mask Painting: Arshi
- Poetry Writing : Alifia Arif
- **Mood Indigo**
- Solo Classical Dance: Rekha Gopalkrishnan
- Solo Impromptu: Ekta Patel
- Quiz: Ekta Patel, Tejaswini Shinde, Chaitali Sinha, Pooja Marballi
- **Brouhaha, Sydhnem College Fest**
- Students participated in Photography and Web Designing workshops.

- Poster Painting : Kritika Ravindran, Chaitali Sinha
- Break Point and Blow Painting: Riya Parekh
- **Solo Singing : Laxmi Menon took Second Prize**
- **Solo Dance : Rekha Gopalkrishnan won First Prize**
- **Poetry and Elocution : Alifia Arif won First Prize**
- Students also represented the college for the sports competitions at Brouhaha.

Malhar 08 (14th – 16th August)

I. The wheel barrow (Entrepreneurship event) : **Won 2nd Prize**

Divasha Jadhvani

Urvashi Sathye

Shraddha Mane

Rucha Potdar

Rubal Tuteja

Manushi Shah

II. Wild Angle Lens (Photography)

Tanvi Savla

Aradhana Mistry

Akanksha Gupta

Neelakshi Mondkar

III Dhun Pichak Dhun (Duet Singing)

Laxmi Shankar Narayan

Poorva Sarvate

IV Folk Dance

Trishula Jhala

Poorva Sarvate

Aradhana Mistry

Tanvi SAVla

Alka Tiwari

Madhuri Berde

V Bring on the Funk (Western Group Dance)

Riya Parekh

Upasana Aggarwal

Khushnavi Mehta

Ekta Patel

Ruchita Bhatt

Ekta Ajugia

Khushboo Jain

Akanksha Baswant

VI Illuminati (UV Lights)

Apurva Oate

Ankita Vajarkar

Rujuta Sule

Vedika Kedia

Urvi Gada

Siddhika Pandit

Krutika Kapoor

Arshvi Noorullah

VII Shoe painting

Nidhi Shah

VIII All That's Evil

Nidhi Shah

Upasana Aggarwal

IX Mr. and Mrs. Malhar

Ekta Patel

UMANG 2008 (19th - 21st August)

I Folk Dance (Selected at the eliminations)

Ayushi Patel

Trishula Jhala

Poorva Sarvate

Aradhana Mistry

Tanvi SAVla

Alka Tiwari

Madhuri Berde

Tanu Sharma

Neelakshi Mondkar

II Mr. and Mrs. Umang

Ekta Patel

Arshima Thappar

III Surili Aks (Filmi Duet Singing)

Laxmi Shankar Narayan

Poorva Sarvate

IV Parampaikritya (Solo Classical Dance)

Shrutipriya Khaitan

V Quasida (Solo singing)

Geetika Manjrekar

VI Mass Edification (Street play)

Tejal Gawang

Priyanka Madkaikar

Samreen Butt

Pooja Shah

Mamta Gada

Karishma Kothari

SNDT Yuva Mahotsav (Regional) (21st & 22nd August)

I Folk Dance

Ayushi Patel

Trishula Jhala

Poorva Sarvate

Aradhana Mistry

Tanvi SAVla

Alka Tiwari

Madhuri Berde

Tanu Sharma

Neelakshi Mondkar

II Street play (3rd Prize)

Tejal Gawang

Priyanka Madkaikar

Samreen Butt

Pooja Shah

Mamta Gada

Karishma Kothari

III Collage
Nidhi Shah
Samreen Butt

IV Singing (Light vocal)
Poorva Sarvte

V On The Spot Painting
Nidhi Shah
VI Rangoli
Madhuri Berde

VII Western Singing
Soma Dubey

The Street Play group won Consolation Prize at the Grand Finale on 16th September among the 9 finalists.

The Street play group also participated at Kaliedoscope 2008 organised by Sophia College on 12th September. They cleared the elimination round.

Annexure C

SUMMARY REPORT OF MAHPA (2009)



As one of the major commitment under CPE, S.V.T. COLLEGE OF HOME SCIENCE (Autonomous) S.N.D.T. Women's University, held an UGC CPE sponsored International Conference on “**Multidisciplinary Approach to Healthy & Participatory Ageing**” (MAHPA 2009) from 22nd to 24th JANUARY, 2009, at ISKCON Auditorium, Hare Krishna Land, Juhu, Mumbai.

The participating organizations for this conference were International Longevity Center, India, Helpage India and ICMR. The supporting organizations for the conference were Geriatric Society of India and Silver Innings.

Around 400 delegates consisting of academicians, students, researchers from the different fields of human development, psychology, nutrition, social work, medicine related to the field of Gerontology across India (like Maharashtra, Jaipur, Kerala, Hyderabad, Chandigarh, Chennai, Pune, Gujarat, Coimbatore, Assam etc) and a few from abroad participated during the three-day event to discuss the areas related to Senior Citizens. Many representatives of Senior citizen organizations also participated in this conference.

In the Inaugural program, the keynote address ‘Towards Multi-disciplinary Approach – Going Beyond Physical Science’ was delivered by Dr. S. D. Gokhale (President, International Longevity Centre, India). The theme of the keynote address was ‘Ageing: a Natural

Phenomenon'. He dwelt upon science and spirituality in the context of ageing. This was followed by the speech of Chief Guest, Prof. S. Parasuraman (Director, Tata Institute of Social Sciences). He discussed at length economic implications of ageing and initiatives of the various state governments for helping the old people. Dr. Chandra Krishnamurthy, Vice Chancellor, SNDT Women's University gave the Presidential address during the inaugural session. Dr. O.P.Sharma, (General Secretary, Geriatric Society of India) gave a speech on "Geriatrics – Past, Present & Future", which focused on the medical aspects related to ageing. He charted the history of Geriatrics and emphasized on need for positive habits of nutrition, exercise from early years for healthy ageing.

The inaugural ceremony was followed by the inauguration of a 'Photo exhibition' and 'poster presentation'. The exhibition titled "*Reflections of the Golden Age*" had a display of more than 90 photographs of the elderly. Later the students of SVT College of Home Science enthralled the audience with the rich cultural programme.

The delegates of this conference enriched their existing knowledge with the different presentations on various topics from a galaxy of National and International invited speakers who are stalwarts in the field of gerontology like Mrs. Irene Hoskins (President, International Federation of Ageing, U.S.A.) Dr. Jane Barratt (General Secretary, International Federation of Ageing, Canada), Dr. O.P.Sharma, Gen. Secretary, GSI, Dr. Gururaj Mutalik (ex-director WHO, United Nations), Peter Martin (Director Gerontology, University of Iowa), Mr. Prakash Borgoankar (Helpage India, Dr. Indira Jai Prakash (Ex-Prof. of Psychology, Bangalore University). Dr. Ashish Contractor (Asian Heart Hospital, Mumbai), Dr. G. G. Ray's (Prof. IDC, IIT, Mumbai) Dr. S. Shaji, (Psychiatrist), Dr. Jacob John Kattakayam, Dr. Charles Pinto (Psychiatrist, Nair Hospital, Mumbai), Dr. Kavita Reddy (American Soya Association), Dr. Bharati Kulkarni (Senior Scientist, NIN, Hyderabad). Arch. Radhika Vaidya (Athashri Foundation, Pune) Dr. N. K. Chadda (Department of Psychology, University of Delhi), Dr. Duru Shah (Medical Director, Gynac World, Mumbai), and Dr. Sesikeran (Director, NIN, Hyderabad) Dr. Bhavesh Modi, Dr. S. Sivaraju (TISS, Mumbai), and Dr. Surendra Sanghvi (MGM College of Eng. & Tech.) Ms. Swatija Manorama presented

Various topics like Global Ageing Innovations in Policy & Practice, Role of NGOs in Population Ageing, Cardiovascular & Respiratory Rehabilitation – Emerging Issues, Special Housing for Elderly, Think Elderly: Designing Products for Elderly, Quality Ageing – Psychological Issues. Dementia Care – Emerging Issues and Newer Interventions, Family as Career – the Changing Scenario, Ageing & Cognitive Impairment, Nutrition and Health Benefits of Soy in Human Nutrition, Menopause and Ageing, Personality Characteristics and Well-being of Older Adults, Intergenerational Relationships: Issues and Challenges, Nutrition, Health, and Ageing, Active Ageing and Economic Security for Elderly, Research in

Population Ageing, Use of Electro Stimulation for Incontinence, Issues of the Elderly Women etc were covered very effectively by the different invited speakers.

There were about 22 oral paper presentations made by different researchers during this 3-day conference. About 14 posters presentations on varying topics related to ageing were also another highlight of this conference.

The concluding session was panel discussion on the theme 'Healthy Ageing' chaired by Dr. Vibhuti Patel and the panelists were Dr. Sesikaran (NIN, Hyderabad), Dr. Ashish Deshpande (Psychiatrist, Mumbai), Dr. Kinjewadkar (President, All-India Senior Citizen Association) and .

The "Valedictory Function" was presided by Dr. Mantha, the Pro-Vice Chancellor of SNDT Women's University. The conference was well appreciated by all the delegates as a well planned and executed conference, with very relevant and interesting sessions all through the three days of the conference.

The conference came up with the following recommendations:-

1. There is a need to raise awareness of and creating a common understanding of the concept of healthy ageing.
2. Sensitize the society that concept of Healthy ageing goes beyond physical health.
3. Empowering the elderly socially & emotionally vis-à-vis Housing is the need of the hour.
4. Need to develop supportive environment in terms of specially designed houses, medical infrastructure, NGO's and services for the elderly. Maximize physical, psychological and social functioning to enable elderly patients to live productively and with confidence.
5. Sensitization the elderly about the need to aggressively manage Coronary heart disease in women.
6. Quality Ageing should be part of Syllabus of School, College and University level. Educational institutions also need to network with the elderly through more community development programs.
7. Documentation of the contribution of the elderly is an important initiative that needs to be taken up by the government or NGO's.
 - o Document the experiences and knowledge of elderly people for the benefit of the society.
 - o Study and document the contribution of the elderly women as care-givers, care-takers and custodian of social relations.
 - o Need to study the contribution of the elderly women at the socio-political and economic level in our society.

8. Tremendous scope for research in the following areas were pointed out during the conference
 - Research in Areas of Widows, Disabled, Fragile older adults & Unorganised Sector should be encouraged.
 - Social & medical determinants of ageing
 - Identification of major health issues related to ageing of rural & urban population
 - Region wise prevalence of osteoporosis & effectiveness of calcium rich Indian foods for enhancing bone density
 - Convert traditional knowledge of foods into clinical practice
 - Examine association between mental health, physical exercise and diet
9. Networking for sharing of Research on Ageing should be promoted. Need for dissemination of research on elderly done in different parts of India through a common database or which could be initiated even on the internet so that the sharing and networking is easier.
10. Need to plan programmes under community development for the elderly with disabilities.
11. Need for documentary films to be made for updating the elderly by disseminating information to the elderly on various themes such as economic sources for the elderly, learning of new skills.
12. Product evaluation projects need to be undertaken as many of the products used by the elderly (e.g. use of traditional mobile phones, changing battery cells, pulling out a supermarket trolley etc) are not very elderly-friendly.